VANCOUVER
metro®
Wednesday, January, 25, 2012
www.metronews.ca

Share this copy with a friend

▶ Dougie Luv, owner of DougieDog Hot Dogs, with the world's most expensive hotdog on Granville Street Tuesday.

KENDRA WONG/FOR METRO

It's a rich-eat-dog world now

Local eatery dishes out $100 hotdog It's infused with 100-year-old cognac, topped with Kobe beef, fresh lobster

Vancouver is home to the most expensive hotdog in the world.

DougieDog Hot Dogs, an eatery on Granville Street, introduced a $100 wiener to its menu Tuesday.

The Dragon Dog is made up of a foot-long bratwurst infused with 100-year-old Louis XIII cognac — which, on its own, comes with a price tag of $2,000 — Kobe beef seared in olive and truffle oil, fresh lobster and picante sauce

"When people have food you have to be able to taste the different tastes. People have the chance to taste each (individual ingredient)," said Dougie Luv, owner of DougieDog Hot Dogs and a hotdog connoisseur. "All the tastes intertwine with each other."

The Dragon Dog may seem extravagant for most taste buds, but Luv insists it remains true to its hotdog origins.

"I didn't want to change the concept of a hotdog, we wanted to inspire it and bring it to the next level," he said. "It's a hotdog that anyone would love."

No one has ordered the pricey wiener yet, but Luv says it will remain a permanent feature on the menu.

Patrons will need to place the order 12 hours in advance for the ingredients to be prepped.

Luv's creation beat out the $69 Haute Dog found at Serendipity restaurant in New York, which previously held the title of world's most expensive hotdog.

KENDRA WONG

Who has a shot at Oscar gold?

Nominees announced {page 15}

Reality TV

Emily, plus one

Single mom to play the dating game as newest Bachelorette {page 17}

Local

Iconic laser show burning out

End of 33-year run {page 6}

First Nations

PM disagrees with chiefs on Indian Act

Major meeting held {page 10}

RBC Royal Bank

Bank outside the bank.

Download the RBC Mobile Banking app today.

Enjoy convenience on the go with the RBC® Mobile[1] Banking app for Android‡, iPhone®1 and BlackBerry®2 smartphone. Download at **rbc.com/banknow**.

Advice you can bank on™

® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. 1 RBC Mobile Banking is provided by Royal Bank of Canada. ‡ Android is a trademark of Google Inc. ®1 Trademarks of Apple Inc., registered in the U.S and other countries. App Store is a service mark of Apple Inc. Standard message and data charges apply. ®2 BlackBerry®, RIM®, Research In Motion® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under licence from Research In Motion Limited.

The Airfare Experts.

Every Destination. Every Airline.

FLIGHT CENTRE® Unbeatable

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free.†

Sun Airfares

Los Cabos
from **$99**
+ taxes & fees $334

Punta Cana	from $99 + taxes & fees $363
Mazatlan	from $105 + taxes & fees $340
Puerto Vallarta	from $125 + taxes & fees $334
Turks & Caicos	from $479 + taxes & fees $163

Airfares

London
from **$169**
+ taxes & fees $511

Las Vegas	from $279 + taxes & fees $102
Frankfurt	from $325 + taxes & fees $505
Palm Springs	from $379 + taxes & fees $133
Amsterdam	from $425 + taxes & fees $434
Bangkok	from $429 + taxes & fees $738
New York	from $479 + taxes & fees $177
Costa Rica	from $499 + taxes & fees $304
Lima	from $540 + taxes & fees $417
Hong Kong	from $689 + taxes & fees $313

USA

Las Vegas Air + 3 Nights
4-Star + Cirque du Soleil
from **$389**
+ taxes & fees $118
INCLUDES accom on the Strip. **BONUS** tickets to select Cirque du Soleil or other Las Vegas show included.

Palm Springs
Air + 3 Nights 4-Star — from $369 + taxes & fees $132
INCLUDES central accom with kitchenette in Palm Desert near championship golf courses and shopping. **BONUS** daily buffet breakfast included. **ADD** car rental from $25 per day.

Scottsdale Air + 3 Nights — from $369 + taxes & fees $141
INCLUDES 1-bedroom resort style accom near Old Town. **BONUS** breakfast daily included.

New York City Air + 3 Nights from $728 + taxes & fees $178
INCLUDES midtown Manhattan accom.
UPGRADE to 4-star accom from $40 per night.
ADD Empire State Building admission from $21.

CANUCKS VIP FAN ROADTRIPS

Phoenix
from **$999**
+ taxes & fees $199
INCLUDES roundtrip airfare to Phoenix, 3 nights accom, lower bowl tickets for the Canucks vs. Coyotes game, all transfers to/from the airport, hotel & arena, golf tournament on 18-hole championship golf course OR a luxury spa credit. **BONUS** Canucks VIP Roadtrip T-shirt included.

Colorado
from **$999**
+ taxes & fees $199
INCLUDES roundtrip airfare to Denver, 1 night luxury Denver accom, 2 nights Breckenridge accom with lift ticket, lower bowl tickets for the Canucks vs. Avalanche game, all transfers to/from the airport, hotel, arena and ski resort. **BONUS** Canucks VIP Roadtrip T-shirt included.

Official travel partner of the Vancouver Canucks

All-inclusive Vacations

Puerto Plata
7 Nights 3.5-Star
from **$547**
+ taxes & fees $376

Cancun 7 Nights 4-Star — from $465 + taxes & fees $340

Punta Cana 7 Nights 3.5-Star — from $467 + taxes & fees $376
UPGRADE to 4-star accom from $22 per night.

Puerto Vallarta
7 Nights 4-Star — from $526 + taxes & fees $334

Jamaica 7 Nights 3-Star — from $649 + taxes & fees $337

Spring Break

Anaheim
Family Special, Air + 3 Nights
from **$299**◊
+ taxes & fees $108
INCLUDES accom near theme parks. Price per person based on family of 4. **BOOK** this package based on double occupancy from $339 per person.

San Diego
Air + 4 Nights 4-Star — from $564 + taxes & fees $111
INCLUDES accom on Harbour Island.

Montreal & Toronto
Air + 7 Nights 4-Star — from $899 + taxes & fees $222
INCLUDES all airfare, 4 nights central Montreal accom and 3 nights downtown Toronto accom.

Honolulu
Air + 7 Nights — from $998 + taxes & fees $118
INCLUDES central accom near Waikiki Beach.

BC Ski Vacations

Sun Peaks 3 Nights + Lift Pass — from $429 taxes & fees included
INCLUDES central Village ski-in/ski-out accom and 2-day lift pass.

Big White 3 Nights + Lift Pass — from $449 taxes & fees included
INCLUDES central Village ski-in/ski-out accom and 2-day lift pass.

Whistler 3 Nights + Lift Pass — from $599 taxes & fees included
INCLUDES Village accom and 2-day lift pass.
UPGRADE to 4-star accom from $41 per night.

Luxury Included® Vacations

Ocho Rios, Jamaica
Air + 7 Nights Luxury Included®
from **$1639**
+ taxes & fees $132

Montego Bay, Jamaica Air + 7 Nights Luxury Included® — from $1999 + taxes & fees $132

St Lucia Air + 7 Nights Luxury Included® — from $2272 + taxes & fees $165

Great Exuma, Bahamas Air + 7 Nights Luxury Included® — from $2498 + taxes & fees $129

Antigua Air + 7 Nights Luxury Included® — from $2512 + taxes & fees $228

Nassau, Bahamas Air + 7 Nights Luxury Included® — from $2539 + taxes & fees $129

INCLUDES Luxury Included® accom, gourmet dining, unlimited premium brand beverages, free scuba diving & golf where offered and more. **SPECIAL OFFERS** Receive a $250Δ Red Lane® Spa credit at select Sandals Resorts.

Sandals

Vacations

Shanghai Air + 7 Nights
from **$529**
+ taxes & fees $505
INCLUDES central accom near the Bund promenade.

Thailand Air + 8 Nights 4-Star — from $689 + taxes & fees $738
INCLUDES Bangkok accom located just off Sukhumvit Road near the Skytrain, shopping and entertainment districts. **ADD** River Kwai and Tiger Temple tour including lunch from $113.

Buenos Aires
Air + 7 Nights 4-Star — from $1279 + taxes & fees $456
INCLUDES central accom overlooking Rio de la Plata. **BONUS** breakfast included. **ADD** tango show from $74.

Fiji Air + 8 Nights — from $1499 + taxes & fees $184
INCLUDES central accom in the heart of Nadi.
UPGRADE to 4-star accom from $8 per night.
ADD Whale's Tail full day cruise from $133.

1 877 513 5444
850 Travel Experts across Canada.

flightcentre.ca
More great deals online!

Visit us in store.
170 stores across Canada.

TEXT
Join our Insider Club for hot deals. Text **YVR** to **131 600**

Conditions apply. Ex: Vancouver. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price per person based on quad occupancy (2 adults & 2 children ages 2-17). ΔValid on new bookings made before January 31, 2012. Minimum stay Six (6) nights or longer in a Concierge room category or higher. No cash value for unused services. Not valid on group bookings. Red Lane® Spa Credit: Not combinable with other resort/spa credits. Valid at all Sandals and Beaches resorts except Sandals Emerald Bay, Sandals in Cuba, Sandals Royal Plantation and Grand Pineapple Beach Resorts. Valid for travel until December 26, 2012. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790

Man who exposed workers to asbestos going to jail

The owner of a B.C. demolition company who knowingly exposed workers, including teens, to deadly asbestos has been handed a 60-day jail sentence.

Arthur Moore was found guilty of contempt for ignoring court orders to halt his asbestos- and drywall-removal business in Metro Vancouver.

The B.C. Supreme Court case heard Moore exploited young recovering addicts and did not provide employees with adequate training or equipment.

NEWS1130, THE CANADIAN PRESS

Invest more cash in ferries: Report

Fare caps for B.C. Ferries should be tied to inflation and the province should kick in more financial support, a report says.

B.C. Ferry Commissioner Gordon Macatee's report makes 24 recommendations and notes that while B.C. Ferries has made significant improvements, it faces declining ridership and financial losses. Macatee says fares have ballooned by 47 per cent over the past nine years. He notes affordability was the loudest message he heard during recent public hearings into the ferry service.

THE CANADIAN PRESS

SCREEN GRAB

▶ Ex-detective Kim Rossmo testifies on Tuesday at the Missing Women Inquiry in Vancouver.

Pickton investigation a failure: Former detective

Kim Rossmo says department didn't want to accept his serial-killer theory ◐ Recalls superior's 'temper tantrum' during meeting

MATT KIELTYKA
@METRONEWS.CA

Vancouver police brass resisted the idea of a serial killer for as long as they could, a former detective testified.

Prof. Kim Rossmo, a world-renowned expert in geographic profiling and the first person to conclude that a single murderer was behind the disappearance of dozens of women in Vancouver's Downtown Eastside, told the Missing Women Commission of Inquiry Tuesday that Robert Pickton should have been caught much sooner than 2002.

"This is a dramatic example of criminal investigative failure," Rossmo said. "You don't have that many people killed, after it was brought to the police's attention by the community, and not consider it a failure."

Rossmo said his suggestion of a serial killer was met by a "temper tantrum" from Insp. Fred Biddlecombe during a working group meeting in 1998.

"He was upset and angry," Rossmo recalled. "He didn't think there was a serial killer, he didn't like what we were doing. It was clear he didn't want to deal with this issue. ... In effect, his reaction — given his position as officer in charge of missing people and sex crimes — basically killed the working group."

Rossmo, who now works at Texas State University as director of the Center for Geospatial Intelligence and Investigation, said his former supervisor's denial is a "common mistake" made by police agencies.

"It happens time and again. No police agency wants to have a serial-murder case," he said. "It creates a lot of problems, political pressure, media interest and requires them to respond with a suitable level of resources when they'd rather be doing something else."

Rossmo admitted that jurisdictional issues, Pickton's stealth and the lack of bodies made the case a difficult one — but he maintains the evidence was there for the finding.

"Pickton was careless," he said. "There were a lot of breaks that could have been exploited more fully with proper resources."

The inquiry continues.

1 news

The WTA wants players to do away with the grunt during matches. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

India's Sikhs aren't laughing at Jay Leno's Mitt Romney joke. Watch at metronews.ca/video

Follow us on Twitter @vancouvermetro

You're our reason to celebrate.

Drop by for Client Appreciation Day on Thursday, January 26th

REFRESHMENTS WILL BE SERVED.

Ask about our special offers.

"CIBC For what matters." is a TM of CIBC.

CIBC FOR WHAT MATTERS.

PHYLICIA TORREVILLAS/METRO

▶ Mayor Gregor Robertson and Vancouver police Chief Jim Chu check out the bike conveyor belt Tuesday, which holds up to 465 stolen bikes 12 to 15 metres in the air, at the new Vancouver police property office and forensic storage facility on Glen Drive.

VPD opens new $30M state-of-the-art facility

Facility '500 per cent better' than the old building, says manager Three levels of government invested

PHYLICIA TORREVILLAS
@METRONEWS.CA

Vancouver police unveiled their new $30-million property and forensic storage facility Tuesday that they hope will improve the force's operations.

The 87,000-square-foot building on Glen Drive boasts the country's largest rotating bicycle rack, which holds up to 465 bikes, 12 to 15 metres in the air.

The new facility also houses blood-drying lockers, a bigger garage to process vehicles, and refrigeration systems for blood and DNA exhibits.

Evidence from high-profile cases such as the Stanley Cup riot is also stored on automated document storage units.

"Being able to secure the evidence and examine it will mean more offenders being identified … and more convictions," Chief Jim Chu said.

Facility manager Ian Wightman said the new facility is "500 per cent better" than the old building at 312 Main St.

"In the past on a four-day long weekend, we would come into the old property office and evidence would be piled on top of evidence," Wightman said. "Now we come in and nothing's on the floor. Everything has been put away … nice, neat and tidy."

Mayor Gregor Robertson said it was a great investment by the three levels of government and this will strengthen the VPD's work to keep the city safe and drive crime rates down.

The VPD's investigative and administrative departments have also expanded and relocated to the former VANOC building on Graveley Street. The municipal, provincial, and federal governments committed $45.3 million to the projects.

Facebook brag leads to fraud bust

A Williams Lake man has been busted for fraud after bragging about a big payout from ICBC on Facebook.

Corbin Joseph has been fined $2,000 and ordered to pay more than $18,000 in restitution after pleading guilty to fraud and obstruction of justice in connection with his bogus claim.

The insurance company says Joseph was under a driving prohibition when he rolled his truck on a rural road near Springhouse, a small community west of Williams Lake.

So in order to collect insurance, he convinced a friend to tell ICBC that she was the driver.

But the corporation's investigators discovered Joseph bragging on his Facebook page that he had rolled his truck after drinking at a New Year's Eve party and gotten a large amount of insurance money.

PHYLICIA TORREVILLAS

Mayor backs reform for election spending

A motion to overhaul Vancouver's election spending isn't even before council yet, but it already has Gregor Robertson's support.

The mayor announced Tuesday that he fully supports the motion from Vision Vancouver colleague Coun. Andrea Reimer planned for council next week.

MATT KIELTYKA

hydraluron™

FROM THE MAKERS OF nanoblur®

DOES YOUR MOISTURIZER NEED A BOOST?

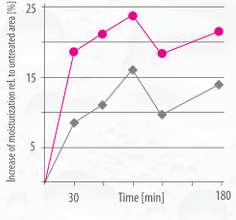
Hydraluron is a hydration serum inspired by injectable hydration treatments employed in Swiss clinics. These hydration treatments employ a fine needle that is used to administer hundreds of microinjections of hyaluronic acid into the skin. Hydraluron is a less invasive, more affordable treatment that can be incorporated into any daily regimen.

The mechanism of action of Hydraluron is two-fold. Firstly, Hydraluron uses the world's purest grade of hyaluronic acid* from the Netherlands as its hydration active. Hyaluronic acid is a superb hydration ingredient that can hold up to 1,000 times its weight in water. It is found in abundance in young skin. Our pure grade has a microgranulate-like powder that features a low density and a polydispersity below 1.5, which simply means greater quality, exceptional safety and extraordinary consistency. Secondly, a bio-engineered strain of marine red algae causes controlled and mild stimulation of skin turnover to allow thorough penetration of Hydraluron's hyaluronic acid. This mechanism is inspired by the microinjections administered in Switzerland's leading skincare clinics to achieve penetration of hyaluronic acid.

The results are clinically proven. The graphs below show the immediate difference in skin hydration (single application test), as well as the long-term ability (shown at 8 weeks) of the skin to retain moisture. A further in-vitro clinical study has proven that, within 8 weeks, this moisture support increases skin elasticity by 27% and reduces skin roughness by 10%. Remember, these clinical tests are in-vitro, which means performed on real people. Don't be misguided by outrageous claims made by some competitors that choose to perform in-vivo tests exclusively.

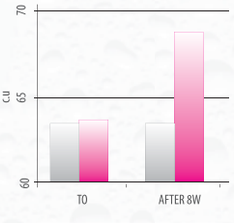
Dehydration leads to the appearance of premature aging. Use Hydraluron every day and night, or as needed, to give your skin the moisture boost that it needs.

* Hydraluron uses the world's first hyaluronic acid that is 100% free of animal-derived raw materials and organic-solvent remnants.



Skin hydration after singular application of test formulation

◆ Vehicle ● Our Hyaluronic Acid



Skin hydration after 8 weeks application of test formulation

Vehicle Our Hyaluronic Acid

AVAILABLE AT

Rexall

PharmaPlus®

News in brief

Surrey police probe shooting

ATTACK. Surrey RCMP are investigating a shooting near Surrey Memorial Hospital that sent one man to hospital with serious injuries.

A 22-year-old man was shot multiple times in the torso in the 93rd Avenue and 138th Street area late Monday night.

Investigators believe it was a targeted shooting. The victim is also known to police. The suspect is described as a Caucasian, six feet tall, and wearing a cap.

KENDRA WONG

Sawmill blast sparks probe

INVESTIGATION. The RCMP is investigating safety concerns raised by workers at the Burns Lake sawmill where an explosion and fire killed two workers and injured 19.

Const. Lesley Smith says everyone who worked at the mill is being questioned about the explosion and earlier incidents. The bodies of the two workers killed have been pulled from the wreckage

THE CANADIAN PRESS

Kids injured in bus collision

NO CHARGES. RCMP say the teenage driver of a van that collided with a school bus near Chase did not have a valid B.C. licence.

Police also say he had two other teens in the van with him when he lost control on a road and struck the school bus.

Fifteen of the 37 children aboard the bus suffered minor injuries and were taken to hospital.

CFJC

Those lasers go dark

Space centre ends 33-year run of 'classic' shows ◐ Tickets sold out, but a standby line available ◐ Upcoming: New upgraded visual presentations

JENNIFER KWOK
@METRONEWS.CA

CONTRIBUTED

▶ Craig F. McCaw, president of Roundhouse Productions, at the H.R. MacMillan Space Centre.

For the first time in three decades, Vancouverites hoping to groove to lasers and Pink Floyd will have to look some place other than the planetarium.

The iconic laser show is burning out this weekend.

In November, the H.R. MacMillan Space Centre said it was ending its longtime laser show in January, and spokesperson Tracy Cromwell confirmed Tuesday that tickets to the final weekend shows have already sold out.

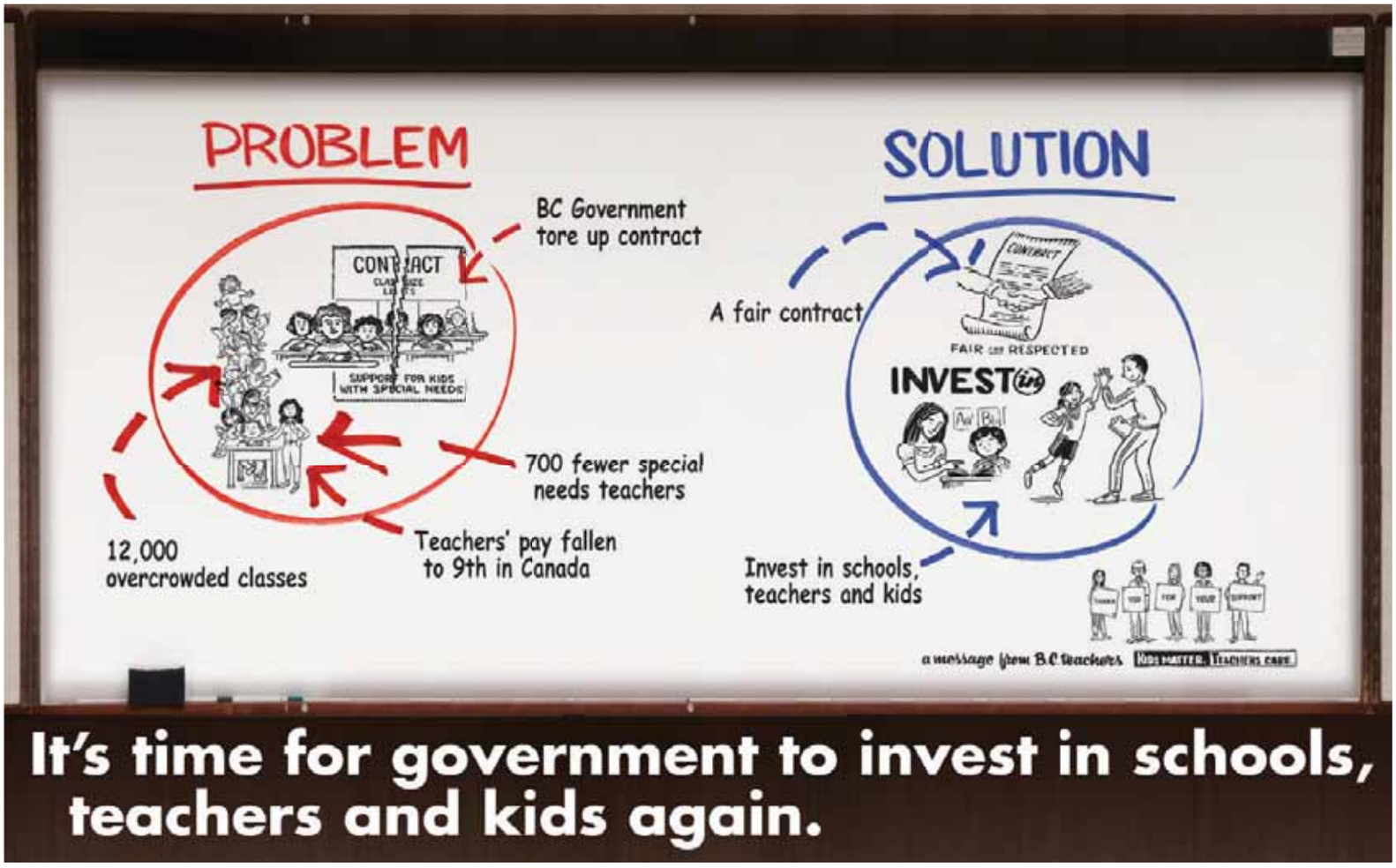
"It's been a great run," she said.

"(The laser shows) have been around for 33 years and have created great memories for a lot of people who have grown up in Vancouver and are still in the city now.

"Now they're bringing their children to take a look at what we used to see and hear the music we used to hear."

Craig F. McCaw, president of Roundhouse Productions — the company that produced the show — said it was a Vancouver "classic" like the Lions Gate Bridge.

Although tickets are sold out and new seats will not be available, a standby line will be available. The last show is Saturday.


PROBLEM
BC Government tore up contract
CONTRACT
SUPPORT FOR KIDS WITH SPECIAL NEEDS
700 fewer special needs teachers
Teachers' pay fallen to 9th in Canada
12,000 overcrowded classes
SOLUTION
A fair contract
CONTRACT
FAIR AND RESPECTED
INVESTing
Invest in schools, teachers and kids
a message from B.C. teachers
KIDS MATTER. TEACHERS CARE.
It's time for government to invest in schools, teachers and kids again.

ROGERS™ authorized dealer

ABBOTSFORD
Clearbrook Plaza
604-556-7702
Seven Oaks Shopping Centre
604-854-1988
West Oaks Mall
604-859-0070
BURNABY
Crystal Mall
604-436-3110
Crystal Mall
604-718-2112
Highgate Village
604-521-3338
Lougheed Mall
604-420-7979
101-3855 Henning Dr.
604-431-2900
Metropolis (Near Bus Loop)
604-433-8000
Metrotown (Near T&T)
604-432-9303
Metropolis
604-430-3903
CHILLIWACK
Cottonwood Mall
604-858-0017
CLOVERDALE
Cloverdale Crossing Mall
778-571-0776
Hillcrest Village
604-576-6360
COQUITLAM
Coquitlam Centre
604-941-6122
H-341 North Rd.
604-939-4777
DELTA
Delta Shoppers Mall
604-592-9199
Bay Side Village
604-943-3602
5180 Ladner Trunk Rd.
604-946-7100
Scottsdale Mall
604-590-9011
LANGLEY
Willowbrook Mall
604-532-9099
Fraser Crossing
Shopping Centre
604-532-0440
Thunderbird Centre
604-881-2050
MAPLE RIDGE
Valley Fair Mall
604-466-1675
Westgate Shopping Mall
604-460-2888
MISSION
Mission Hill Plaza
604-820-0811
NEW WESTMINSTER
Royal City Mall
604-777-9906
NORTH VANCOUVER
Norgate Plaza
604-983-3335
1422 Lonsdale Ave.
604-983-3025
Park & Tilford Mall
604-988-2803
West Lynn Shopping Mall
604-984-8900
RICHMOND
Continental Centre
604-279-8868
Aberdeen Centre
604-279-9187
Richmond Centre
604-273-2203
Lansdowne Mall Centre
604-247-2355
Aberdeen Centre
604-303-8811
110-3031 Beckman Place
604-244-0550
SOUTH SURREY
Semiahmoo Mall
604-536-1010
SQUAMISH
38-40437 Tantalus Rd.
604-898-3025
SURREY
Khalsa Business Mall
604-572-9955
Guildford Mall
604-951-9399
Central City
604-583-7000
129 - 12080 Nordel Way
604-543-8886
Southpoint Exchange
604-531-2500
Newton Centre
604-599-5522
VANCOUVER
155-139 Keefer St.
604-683-8283
Bentall Centre Mall
604-602-0968
6510 Fraser St.
604-325-6665
Oakridge Mall
604-267-1011
2691 West Broadway
604-736-1813
5759 West Blvd.
604-267-6383
920 Davie St.
604-684-5981
Kingsgate Mall
604-879-1003
103-1807 Burrard St.
604-736-3326
Marketplace Village
604-221-5505
601 Robson St.
604-682-4333
1795 Robson St.
604-605-8290
1093 Robson St.
604-628-1388
148-555 West 12th Ave.
604-876-0888
1022 Mainland St.
604-608-2448
WEST VANCOUVER
Park Royal North
604-921-1488
Park Royal South
604-921-4880
WHISTLER
18-4314 Main St.
604-932-2021

ROGERS plus

BURNABY
Brentwood Mall
604-320-0789
NORTH VANCOUVER
Capilano Mall
604-983-9744
VANCOUVER
1295 Davie St.
604-669-7377
Pacific Centre
D88-777 Dunsmuir St.
604-801-5292

NO EXTRA MONTHLY FEES. NO TAB.

no term contract.

NO KIDDING.

THE ROGERS **UNLIMITED** VALUE PLAN ONLY **$34.97**/MO
INCLUDES ALL MONTHLY FEES±

Unlimited Extreme Texting[1]

Unlimited Pic & Video Messaging[1]

Unlimited Local Evening & Weekend Calling from 6 pm[2]

200 Weekday Minutes[4]

Unlimited Canada-wide MY10 Calling[3]

BONUS SIGN UP NOW & GET THE **BLACKBERRY® CURVE™ 9300** FOR **$99.99** No term contract required

CALL 1 877 490-2174
CLICK rogers.com/ValuePlan
VISIT Your local Rogers retail store

SWITCH TO ROGERS™

ROGERS™ authorized dealer · ROGERS plus · WIRELESSWAVE · WIRELESS etc... · COSTCO WHOLESALE · FUTURE SHOP · SONY · booth wireless · BEST BUY · Walmart · MOBILESHOP Exclusively where President's Choice products are sold.

Offers available for a limited time and subject to change without notice. **±Includes the Government Regulatory Recovery Fee which varies by province and ranges from $2.35-$2.97/line/month ($2.35 AB/BC/MB/ON, $2.75 QC, $2.88 NB, $2.97 NL, $2.78 NS, $2.85 PEI, $2.97 SK).** It is applied to help fund fees, costs and other amounts related to federal, provincial and/or municipal mandates, programs and requirements. **It is not a tax or charge the government requires Rogers to collect and is subject to change.** See rogers.com/regulatoryfee for details. Early cancellation fees or device savings recovery fees and/or service deactivation fee apply according to the terms of your agreement. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. **1** Compatible device required. Includes Extreme text/picture/video messages sent from Canada to Canadian wireless number and received texts from anywhere. Sent/received premium texts (alerts, messages related to content and promotions), sent international texts and sent/received Extreme Text picture/video/IM/email (as applicable) while roaming not included and charged at applicable rates. To learn more about Extreme text, go to rogers.com/extremetext. **2** Local calls only, excluding calls made through Call Forwarding, Video Calling or similar services. Evenings are from 6 pm to 7 am, Monday to Friday, and weekends are from 6 pm Friday to 7 am Monday. **3** Unlimited Canada-wide calls apply to 10 numbers on MY10 list. International long distance, text-to-landline and roaming charges extra. Only 10-digit Canadian-based numbers eligible (excludes customers' own wireless number, voicemail retrieval number and special numbers like 1-800/1-900). One MY10 update/month. Excludes premium messages (roaming, international, alerts, contests and promotions). Other conditions may apply, visit rogers.com/my10 for details. **4** Additional local minutes 45¢/min. ©2012

Woman wakes from coma

The family of a Calgary woman who was severely beaten in Mexico says she emerged from a medically induced coma Monday and recognized her husband at her bedside.

Paul Giles said doctors in Mexico revived his sister, Sheila Nabb, three days after she suffered a brutal beating at a luxury hotel.

Her brother said that when she awoke Monday, she wasn't able to speak because doctors had wired her mouth shut. But Giles said she recognized her husband, Andrew Nabb, and was responsive.

Giles said she is set to undergo facial reconstructive surgery Wednesday or Thursday. THE CANADIAN PRESS

CONTRIBUTED

▶ Sheila Nabb and her husband Andrew in an undated family photo.

Sex killer's wife to fight appeal of media ban

Opening divorce proceedings to the public would cause Russell Williams' wife more harm than she has already experienced: Lawyer

Ontario's top court is granting an appeal of a sweeping publication ban on the divorce of convicted sex killer Russell Williams.

But most of the provisions of the ban will remain in effect for 14 days so that Williams' estranged wife can take steps to challenge the decision if she wishes, according to the 28-page decision released Tuesday by the Ontario Court of Appeal.

Mary Jane Binks, the Ottawa lawyer representing Williams' wife, said her client will ask to take the matter to the country's highest court. A lower-court judge had banned publication of details about the former colonel's wife including her name and address. THE CANADIAN PRESS

Fighting the ban

The ban was challenged by a coalition of news agencies, including the Ottawa Citizen, the Ottawa Sun, CTV, CBC and Global TV.

- Richard Dearden, who represents the media groups, called it an "important decision for freedom of the press."
- "There's a real public interest in knowing how the court is going to divide assets, like Mr. Williams' military pension, and what's going to be left over for Mr. Williams' victims to seek to enforce any judgments they will get against him in their lawsuits against him," he said.

NATHAN DENETTE/THE CANADIAN PRESS

▶ Russell Williams

'America is back'

U.S. President Barack Obama says "America is back" as a world power.

The president gave a flag-waving defence of American power and influence Monday night as part of his State of the Union address. He said world opinions about the U.S. are on the rise, and he calls America the "indispensable nation" in world affairs.

He talked about extending new ties and influence toward Asia, while claiming that old alliances in Europe and elsewhere are stronger than ever. Obama also cited the example of Iran, where with U.S. prompting much of the world is now united in applying sanctions over Iran's disputed nuclear program. THE ASSOCIATED PRESS

News in brief

Bandit hurt his own case: Docs

U.S. federal court documents say the "Barefoot Bandit" ridiculed police and prosecutors in emails he sent from prison, undercutting his claims he's sorry for his two-year crime spree. He bragged that his accomplishments were "amazing." THE ASSOCIATED PRESS

B.C. commune wants tax break

The leader of a B.C. polygamous commune on trial for suspected tax evasion says money earned by his followers is used in the community. Winston Blackmore says his community deserves special religious tax status. THE CANADIAN PRESS

News in pictures

PHOTOS
1. ITALIAN NAVY/THE ASSOCIATED PRESS
2. RICCARDO DE LUCA/THE ASSOCIATED PRESS
3. VADIM GHIRDA/THE ASSOCIATED PRESS
4. MARTIN MEISSNER/THE ASSOCIATED PRESS
5. ALIK KEPLICZ/THE ASSOCIATED PRESS

1 A platform carrying a crane and other equipment hitched itself to the toppled Costa Concordia on Tuesday, signalling the start of operations to remove a half-million gallons of fuel before it leaks into the sea.

2 In his annual communications message released Tuesday, Pope Benedict XVI extolled the sounds of silence. He said a little bit of quiet makes people better listeners and better communicators.

3 An anti-government protester holds a poster depicting Romania's President Traian Basescu, right, and former communist dictator Nicolae Ceausescu that reads "There is one left," in Bucharest Tuesday.

4 A model in a flower dress walks through the fair halls at the international trade fair for plants in the city of Essen, Germany, Tuesday.

5 Internet activists protest against the international copyright agreement ACTA (Anti-Counterfeiting Trade Agreement) in front of the European Parliament office in Warsaw, Poland, Tuesday. THE ASSOCIATED PRESS

"Crystal clear phone calls and fast uninterrupted Internet service. I love you guys!"

Martino D. of Mississauga
WIND CUSTOMER SINCE OCT 2011

THAT'S THE POWER OF

WIND™

OFFER ENDS JANUARY 31ST

$29 per month for 1 year

UNLIMITED CANADA-WIDE TALK + TEXT + DATA

Our **Oh Canada Plan** includes Unlimited Canada-wide talk, text & data from anywhere on our network, plus all our plans include Caller ID.

$0 WITH WINDtab+™

NEW
BlackBerry® Curve™ 9360

$199 WITH WINDtab+™

NEW
HTC Amaze

$0 WITH WINDtab+™

LG Optimus 2X Superphone

Get the **latest smartphones** with **no term contract.**

Love WIND? Tell us why at

WINDmobile.ca

Limited time offer. Conditions apply to WINDtab+. To learn more about WINDtab+ and how to get a $0 phone with no term contract go to WINDmobile.ca. WINDtab+ is only available at participating locations. Conditions apply to Oh Canada Plan. Learn more at WINDmobile.ca. Data services subject to WIND's Fair Usage Policy and Internet Traffic Management Policy. All services subject to WIND's Terms of Service and are for personal use by an individual. WIND, WIND MOBILE and WINDtab+ are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. ©2011 WIND Mobile. BlackBerry®, Curve™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. LG and the LG logos are registered trademarks of LG Electronics and its affiliates. ©2011 LG Electronics. All other trademarks are the property of their respective owners.

Harper, chiefs at odds over future of Indian Act

Prime Minister has no plans to repeal legislation But many native leaders see it as obstacle to change

What was billed as a historic coming together of the federal government and First Nations began with the two sides polarized over the future of the Indian Act.

Prime Minister Stephen Harper sees it as something that can be updated to reflect modern practices.

But Shawn Atleo, national chief of the Assembly of First Nations, led a parade of speakers who described the century-old legislation as a boulder blocking the path to collaboration.

They laid out their views Tuesday during a major meeting of First Nations leaders and government ministers and officials.

"After 136 years, that tree has deep roots. Blowing up the stump would just leave a big hole."
PRIME MINISTER STEPHEN HARPER ON THE INDIAN ACT

The Indian Act, first passed in 1876, gave Ottawa exclusive jurisdiction over "Indians and Lands Reserved for Indians." The legislation, which was last amended in 2000, sets out rules on everything from how reserves operate to the effect of marriage on status. **THE CANADIAN PRESS**

ADRIAN WYLD/THE CANADIAN PRESS

▶ Assembly of First Nations National Chief Shawn Atleo and Prime Minister Stephen Harper stand on stage during the opening ceremony at the Crown-First Nations Gathering in Ottawa on Tuesday.

Theories not enough: Defence

There are simply too many unknowns to be able to convict a man of four counts of first-degree murder in the deaths of his daughters and wife, a jury in Ontario heard Tuesday in a case prosecutors allege is a so-called honour killing.

The Crown alleges Mohammad Shafia, 58, one of his two wives and their son killed Shafia's three daughters and other wife. The bodies were found June 30, 2009, in a car at the bottom of a canal in Kingston, Ont., but the Crown did not present evidence specifically detailing how it believes the four died.

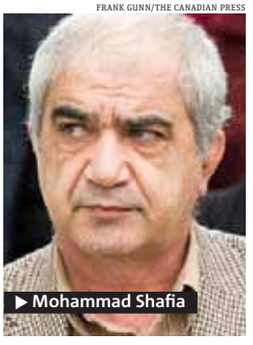
The Crown has suggested it believes the four were dead before the car plunged into the water, but in his closing address Tuesday, Shafia's lawyer told the jury they can't rely on theories.

"You don't know where, you don't know how, you don't know when that happened," Peter Kemp said.

Court has heard evidence it appears the four females made no attempt to escape the car through an open window, and the bodies were found eerily suspended inside.

The jury is expected to begin its deliberations as early as Thursday afternoon. **THE CANADIAN PRESS**

FRANK GUNN/THE CANADIAN PRESS



▶ Mohammad Shafia

January

25

Keep your resolution alive.

67 calories per 341mL bottle. That's about half the calories of wines or mixed drinks*. Here's to a win-win resolution.

Must be legal drinking age. *Calculations based on an average serving (6 oz glass of wine and single serving of mixed drink). Details at molsoncanadian67.ca

LOSING YOUR HAIR?
WE HAVE THE ANSWER
There are several reasons a man or woman will experience hair loss problems...
• Hormonal Imbalance • Stress • Unbalanced Diet • Improper Hygiene • Cosmetic Damage from Coloring, Perming, Etc. • Illness and Many Other Reasons
MAKE YOUR HAIR LOSS A THING OF THE PAST.
Make an appointment for Microscopic Hair Analysis TODAY!
ASK US ABOUT LASER THERAPY

MICRON LABORATORIES Since 1985
BBB A+ Rating
www.micronlabs.com

VANCOUVER
604-444-GROW(4769)
1-877-784-HAIR (4247)
#228-973 W. Broadway
(Broadway & Oak)
micronvancouver@shaw.ca

KAMLOOPS • KELOWNA • TORONTO • VICTORIA • VANCOUVER

2012 CRUZE LS

- 10 Standard Airbags
- Power Door Locks with Remote Keyless Entry
- Four-wheel Anti-Lock Brakes (ABS)
- 16" Wheels
- Stabilitrak® Electronic Stability Control
- Traction Control
- 6-Speaker CD/MP3/AUX Audio System

PURCHASE PRICE

$16,595* INCLUDES FREIGHT & PDI

OR OWN IT FOR

$108 AT **3.49%** PURCHASE FINANCING
BI-WEEKLY/72 MONTHS WITH $1,399 DOWN†

BEST-IN-CLASS HIGHWAY FUEL EFFICIENCY

52 MPG HIGHWAY
5.4L/100KM HWY | 8.2L/100KM CITY▲

NO MONTHLY PAYMENTS FOR 6 MONTHS¥

PLUS The GM Card GM CARDHOLDERS GET AN ADDITIONAL $1,000 BONUS^

41 MPG HIGHWAY
6.9L/100KM HWY | 10.6L/100KM CITY▲

2012 ORLANDO LT

LT GIVES YOU:
- 6-Speed Automatic Transmission
- Air Conditioning & Cruise Control
- Heated Power Adjustable Mirrors

STANDARD FEATURES ALSO INCLUDE:
- 174 hp 2.4L ECOTEC® 4-cylinder engine
- 6-Speaker Audio System with XM Satellite Radio
- OnStar RemoteLink™ mobile app Remote Start, Unlock and More~

PURCHASE PRICE

$25,695* INCLUDES FREIGHT & PDI

OR OWN IT FOR

$168 AT **2.49%** PURCHASE FINANCING
BI-WEEKLY/72 MONTHS WITH $1,399 DOWN†

2012 SONIC LS SEDAN

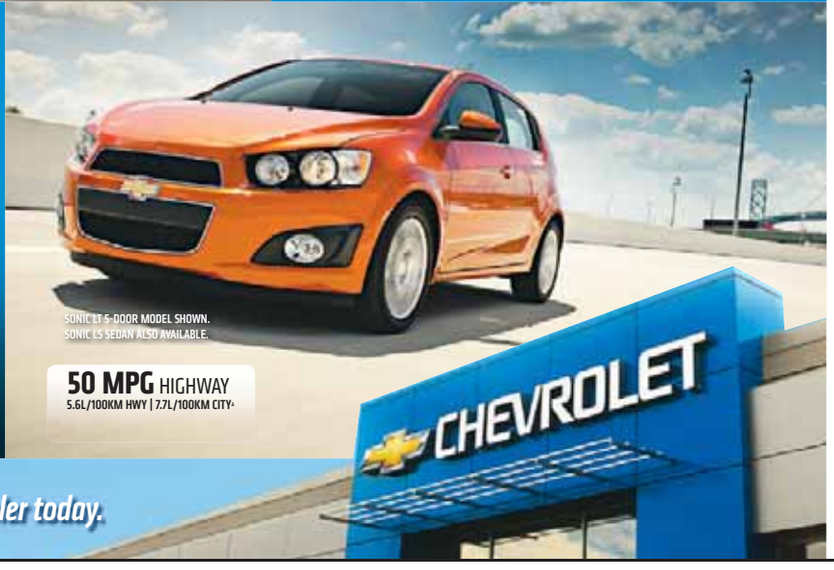
- OnStar RemoteLink™ mobile app Remote Start, Unlock and More~
- Standard Bluetooth®
- Power Door Locks with Remote Keyless Entry
- 6 Airbags standard (10 available)
- StabiliTrak® Electronic Stability Control System and Traction Control
- Four-wheel Anti-Lock Brakes (ABS)

PURCHASE PRICE

$15,490* INCLUDES FREIGHT & PDI

OR OWN IT FOR

$108 AT **3.49%** PURCHASE FINANCING
BI-WEEKLY/72 MONTHS WITH $299 DOWN†



SONIC LT 5-DOOR MODEL SHOWN.
SONIC LS SEDAN ALSO AVAILABLE.

50 MPG HIGHWAY
5.6L/100KM HWY | 7.7L/100KM CITY▲

Come see what's new at your Chevrolet Dealer today.

THE BEST COVERAGE IN CANADA
5 YEARS / 160,000 KM*
- POWERTRAIN COMPONENT LIMITED WARRANTY
- ROADSIDE ASSISTANCE
- COURTESY TRANSPORTATION

GM CANADA

TO FIND YOUR BC DEALER AND SEE OUR OFFERS, VISIT:
CHEVROLET.CA

SCAN HERE TO FIND YOURS

ON NOW AT YOUR BC CHEVROLET DEALERS. Chevrolet.ca **1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada.** *†‡¥^◊Offers apply to the purchase of a 2012 Cruze LS (R7A), 2012 Sonic LS Sedan (R7A), 2012 Orlando LT (R7A) equipped as described. Freight included ($1,495). License, insurance, registration, PPSA, administration fees and taxes not included. Dealers are free to set individual prices. Offer available to retail customers in Canada. See Dealer for details. Limited time offers which may not be combined with other offers, and are subject to change without notice. Offers apply to qualified retail customers in the BC Chevrolet Dealer Marketing Association area only. Dealer order or trade may be required. GMCL, Ally Credit or TD Financing Services may modify, extend or terminate this offer in whole or in part at any time without notice. Conditions and limitations apply. See Chevrolet dealer for details. †3.49%/2.49% purchase financing offered on approved credit by TD Financing Services, Ally Credit for 72 months on new or demonstrator 2012 Sonic LS Sedan, 2012 Cruze LS, Air & Auto/2012 Orlando LT. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $10,000 at 3.49%/2.49% APR, the monthly payment is $154.14/$149.67 for 72 months. Cost of borrowing is $1,098.00/$775.95, total obligation is $11,098.00/$10,775.95. Offer is unconditionally interest-free. Freight ($1,495) included. License, insurance, registration, PPSA, applicable taxes and fees not included. Dealers are free to set individual prices. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ¥Offer applies to the purchase financing of new 2011 Buick Regal, 2011 Chevrolet Cruze, Orlando, Sonic and Buick Verano and Regal models on approved credit (O.A.C.) by TD Financing Services. Offer available to retail customers in Canada between January 6, 2012 and February 29, 2012. The first monthly payment will be deferred for 180 days and finance contract will be extended accordingly. No interest accrues on unpaid amounts during the deferral period. After 180 days, interest starts to accrue and the purchaser will repay the principal and interest over the remaining term of the contract. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. Conditions and limitations apply. See newspaper or dealer for details. ^Offer valid towards the purchase or lease of an eligible new 2011 or 2012 model Chevrolet, GMC, Buick or Cadillac vehicle, excluding Chevrolet Volt, delivered between January 6th, 2012 and April 2nd, 2012. Customers must purchase or lease from dealer stock. Offer cannot be combined with other offers, except the Employee New Vehicle Purchase Program or the Supplier Program. Void where prohibited by law. $1,000 offer is stackable with Cardholder's current GM Card Earnings, subject to Vehicle Redemption Allowances. For complete GM Card Program Rules, including current Redemption Allowances, transferability of Earnings, and other applicable restrictions for all eligible GM vehicles, see your GM Dealer, call the GM Card Redemption Centre at 1-888-446-6232 or visit TheGMCard.ca. Subject to applicable law, GMCL may modify or terminate the Program in whole or in part with or without notice to you. Subject to Vehicle Redemption Allowances. For complete GM Card Program Rules, including current Redemption Allowances, transferability of Earnings, and other applicable restrictions for all eligible GM vehicles, see your GM Dealer, call the GM Card Redemption Centre at 1-888-446-6232 or visit TheGMCard.ca. Subject to applicable law, GMCL may modify or terminate the Program in whole or in part with or without notice to you. Primary GM Cardholders may transfer the $1,000 Bonus to the following eligible Immediate Family members, who reside at the Primary Cardholder's residence: parents, partner, spouse, brother, sister, child, grandchild and grandparents including parents of spouse or partner. Proof of relationship and residency must be provided upon request. The $1,000 Bonus is not transferable to Immediate Family residing outside of the Primary Cardholders residence. ~OnStar services require vehicle electrical system (including battery) wireless service and GPS satellite signals to be available and operating for features to function properly. OnStar acts as a link to existing emergency service providers. Subscription Service Agreement required. Call 1-888-40NSTAR (1-888-466-7827) or visit onstar.ca for OnStar's Terms and Conditions, Privacy Policy and details and system limitations. Additional information can be found in the OnStar Owner's Guide. ▼Based on GM testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary.**

Facebook, Google go head-to-head

The two biggest powers on the Internet, Google and Facebook, are in a high-stakes battle to be your search engine.

And this isn't just an online fight: The U.S. Federal Trade Commission and the European Union are investigating whether the Google monopoly unfairly damages other search engines.

Top guns at Facebook have created a new bookmarklet and a stern lecture in fairness to counter Google's own attempt two weeks ago to become more Facebook-like.

Google on Jan. 10 released Search Plus, a new search tool on its site. Search Plus scours the Internet through Google and Google Plus.

This means it leaves out the world's most popular social networking sites: Facebook and Twitter.

THE ASSOCIATED PRESS

Google merges user data

Google Inc. is overhauling the way it treats user data, linking information across its array of email, video and social networking services so that information gathered in one place can be used in another.

For example, if you spent the last hour logged into Google to search the web for skateboards, the next time you log into YouTube, there's a good chance you'll find videos featuring Tony Hawk.

THE ASSOCIATED PRESS

WikiLeaks founder takes act to TV, promises controversy

40-year-old Julian Assange to host new talk show that will air in March

You've read his leaks. Now watch his show.

Cyber-transparency activist Julian Assange says he's launching a career in television, hosting what he's billing as a new brand of talk show built around the theme of "the world tomorrow."

The show's guests haven't been disclosed, but Assange has promised to give viewers more of what he's been supplying for years: Controversy.

The WikiLeaks secret-spilling site said in a statement released late Monday that "iconoclasts, visionaries and power insiders" would be brought in so that Assange could challenge them on their vision of world affairs and "their ideas on how to secure a brighter future."

KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

▶ Julian Assange pauses as he makes a statement to media gathered outside the High Court in London.

The world of television talk shows is a new one for the 40-year-old Australian, whose group has orchestrated the biggest mass-disclosures of secret documents in U.S. history. But the statement argued that Assange was uniquely qualified for the role given his past as "a pioneer for a more just world and a victim of political repression."

WikiLeaks

- WikiLeaks said the show would begin airing in mid-March.
- Julian Assange is currently fighting extradition to Sweden over sex-crimes allegations, and U.S. officials are weighing WikiLeaks' charges.

In its statement, WikiLeaks referred queries about the series to the hitherto obscure Quick Roll Productions, whose website carried no indication of where the group was based or who was managing it. An online records search indicated that Quick Roll's site was created about two weeks ago.

THE ASSOCIATED PRESS

Speedflirt
He winks, she winks back
She flirts, he flirts back
Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.
Create a profile, browse profiles and find your match!
Download and install the free app for your mobile device – available on the App Store or Android Market.
Available in Android Market
Available on the App Store
YOU KNOW YOU DO IT... AND WE WANT TO KNOW HOW!
Take the Metropolitan Panel Flirty Survey on January 27
Register today at metropolitanpanel.ca
Metropolitan Panel

IMF cuts Canada's growth forecast

Canada's recovery is being dragged down by a cascading crisis in Europe and weakening conditions elsewhere, the International Monetary Fund suggests in its latest economic outlook. The IMF said Tuesday that Canada's economy will likely grow by only 1.7 per cent, more than half a point below 2011's 2.3 per cent advance.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. TUESDAY

TSX	Dollar
- 126.46 (12,395.24)	- 0.16¢ (99.01¢ US)

Oil	Natural gas	Gold
- 19¢ US ($99.09 US)	$2.58 US (+ 5.7¢ US)	$1,664.50 US (- $13.80 US)

Women's groups condemn tabloids

U.K. inquiry moves from hacking to the portrayal of women in media

Britain's inquiry into media ethics shifted its focus away from phone hacking Tuesday to look into how women are portrayed in U.K. newspapers.

Women's-rights campaigners told the inquiry that newspapers treat women as sex objects and mis-report cases of rape and domestic violence.

Anna Van Heeswijk of women's-campaigns group Object said that sexualized images of topless or skimpily clad women in British tabloid newspapers damage the way young women think of their appearances and lifestyles.

She said anyone who complained about the newspapers' use of these images in turn was vilified, and pointed to how The Sun newspaper called lawmaker Clare Short "fat, jealous" when she tried to stop the tabloid from printing a daily photograph of a topless woman on page 3.

"Clearly the effect has been to close down free speech in relation to groups and individuals making a critique against these newspapers," Van Heeswijk said.

Marai Larasi of campaign group End Violence Against Women said newspaper stories about attacks on women often focused on their actions, implying that somehow they had provoked their attackers.

THE ASSOCIATED PRESS

JUST SO WE'RE CLEAR — THEY'RE CATS

JUST SAYIN' ...

PAUL SULLIVAN
METRO

OK, class, today's question:

How did we get from seeing-eye dogs to emotional-support animals?

Air Canada is trying to figure out how to accommodate people who insist on taking their cats on the plane and at the same time protect people who are allergic to cats.

They forgot to ask me, but the answer is obvious. Tell people to leave Kitty at home.

I have nothing against cats, but referring to them as "emotional-support animals" and thereby elevating them to the status of seeing-eye dogs is a stretch and a clear sign that the entitlement society needs to cough up a hairball and get real.

I realize I'm treading on wafer-thin ice, but if you want an emotional-support animal, get a golden retriever. They love everybody, almost as much as they love food, and are happy to see you, especially if you come with food.

"And shame on Air Canada for knuckling under. I like peanuts, but the airline had no difficulty depriving me of the tasty legume in order to protect other passengers from anaphylactic shock. As if?"

Cats, on the other hand, barely notice other species that aren't dinner. They may crawl into your lap and go to sleep, but only because it's a warm place to go to sleep. They don't discriminate, as anyone who has ever awakened to find a cat sleeping on their face can tell you.

But even if Kitty loves you, why return the favour by stuffing Kitty in a tiny box and making her fly economy?

(Just to make it clear, I'm an equal-opportunity curmudgeon: The same goes for shih tzus and the like. Leave your adorable mutt at home in the care of a competent kennel.)

What's really annoying is this tendency to escalate beyond all reason. It's one thing to feel the urge to take Kitty to visit Aunt Bossy in Halifax, quite another to declare Kitty an "emotional-support animal," raising her companionship to the level of ersatz human right. Right.

And shame on Air Canada for knuckling under. I like peanuts, but the airline had no difficulty depriving me of the tasty legume in order to protect other passengers from anaphylactic shock. As if?

Air Canada needs to know I'm addicted to peanuts. Once I get started, I can't stop. Without peanuts, I'll never make it to Halifax. Those little cracker thingies don't fill the bill; I require emotional-support nuts.

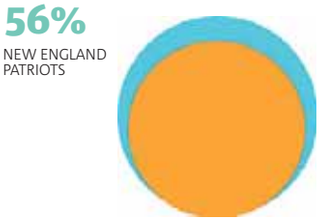
And if I don't get them, I'll complain to my friendly neighbourhood human-rights commission, which never met a complaint it didn't like.

Then, I'm going into hiding.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Register at metropolitanpanel.ca and take the quick poll

Who do you think will win the Super Bowl?



Local tweets

- **@Sportsnet Spec:** Luongo: "We've been through it. Next time around we might be hungrier, and ... smarter about how we handle things. Myself included (laughs)"
- **@CBCSmart:** BC Ferries pleased w/ ferries review. Espec recc to reduce service on slow routes. Hoping for quick decision by gov't #cbc #bcpoli
- **@carolynali:** Vancouver's dougieDog adds $100 cognac-infused hot dog to menu ow.ly/8F4Mx
- **@RobynGervaisMWI:** Rossmo testifies that it would have been a very different outcome if the victims had been from the west side of Vancouver.
- **@JoelWWood:** Heard on the radio this morning that there is a Starbucks in Seattle that is part liquor store. Great idea for Vancouver #regulation #bcpoli
- **@aR_yannie213:** Walking outside is a constant fight between your umbrella the wind and the rain. HORRAY for Vancouver weather
- **@jenni_sheppard:** Why has venturing out in the Vancouver rain made me feel so sleepy? Answers on a postcard please.

JOHN BROWN

Daily Zoom

Itsy-bitsy spiders — hard at work

V&A IMAGES

Spider-silk cape on display

LONDON. This may not fit arachnophobes!

A golden cape created from silk spun by more than a million spiders goes on display at London's Victoria and Albert Museum.

The hand-woven garment took more than four years to make from the silk of 1.2-million female golden orb spiders, native to Madagascar. MWN

▶ Makers say spider silk is lighter than normal silk.

"We wanted to make something (in which) you'd feel cocooned like a spider web. ... There is a strange dichotomy between the repulsive and 'poetic' in spiders."
SIMON PEERS, TEXTILE EXPERT AND CO-CREATOR

How 80 people collected silk

PROCESS. To create the textiles, spiders are collected each morning and harnessed in "silking" devices.

Trained handlers take out the silk from 24 spiders at a time.

Unlike mulberry silk from silkworms, in which the pupa is killed in its cocoon, the spiders are returned to the wild at the end of the day. MWN

metro
METRO VANCOUVER • #250 - 1190 Homer Street • Vancouver, BC • V6B 2X6 • T: 604-602-1002 • Fax: 604-648-3222 • Advertising number: 604-602-1002 • metronews.ca/vancouver/advertise • metronews.ca/vancouver/contactus • **Vice-President and Group Publisher, Metro Western Canada** Steve Shrout, **Managing Editor** Jeff Hodson, **Advertising Sales Manager** Chris Mackie, **Distribution Manager** George Acimovic • **METRO CANADA: President and Publisher** Bill McDonald, **Vice-President, Sales** Quin Millar, **Vice-President, Business Ventures** Tracy Day, **Vice-President, Marketing & Interactive** Jodi Brown, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News & Business** Amber Shortt, **Managing Editor, Life & Entertainment** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News & Business** Kristen Thompson, **Art Director** Laila Hakim, **National Sales Director** Peter Bartrem, **Director, Marketing & Research** Robyn Payne

Winners and losers

Even before awards night, there are clearly some overlooked films heading into the Oscar season But there are a few big surprises, some odd nods and Canadian talent in the mix

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

In the first year where the number of Best Picture nominees can be anywhere between five and 10, the Academy of Motion Picture Arts and Sciences settled on nine Tuesday morning, with The Artist, The Descendants, Extremely Loud & Incredibly Close, The Help, Hugo, Midnight in Paris, Moneyball, The Tree of Life and War Horse doing battle for the big prize. Here's a look at the winners and losers heading into Oscar season.

BIGGEST WINNERS

Martin Scorcese's delightful Hugo garnered the most nominations with 11, with popular favourite The Artist right behind at 10. Stephen Spielberg's War Horse and David Fincher's The Girl with the Dragon Tattoo received six and five nominations, respectively, though neither made it into the Best Director category. But the biggest winner of is Bridesmaids — and comedy in general — with the raunchy box office hit pulling in nominations for Best Adapted Screenplay as well as Best Supporting Actress for Melissa McCarthy.

BIGGEST LOSERS

The biggest omission seems to be in the Best Animated Feature race, which Spielberg's The Adventures of Tintin has been winning handily at other awards shows. But the European favourite didn't earn a mention in this category. Outside of animation, Clint Eastwood's Oscar-bait misfire J. Edgar failed to earn a single nomination.

BIGGEST SURPRISES

The pair of nominations for Extremely Loud & Incredibly Close — Best Picture and Best Supporting Actor — seemed to come out of nowhere, as the film hasn't made an impact in any other awards races. A Better Life star Demián Bichir, who also earned a Screen Actors Guild nomination for his outstanding performance, is a welcome surprise that will hopefully bring attention to an amazing but overlooked drama. And while Iran's A Separation is unstoppable in the Foreign Language category, many expected Angelina Jolie's In the Land of Blood and Honey to at least garner a nomination, as it did at the Golden Globes.

Local talent

Canadians at the Oscars

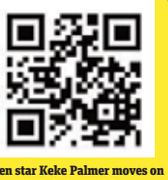
- **Nominations** Toronto-born, Montreal-raised acting legend Christopher Plummer nabbed a Best-Supporting Actor nomination for Beginners.
- **Score** Toronto-born composer Howard Shore is up for best score for Hugo.
- **Language** Philippe Falardeau's Monsieur Lazhar is nominated for best foreign-language film.
- **Short** Montreal's Patrick Doyon is up for best animated film for his short Dimanche/Sunday. Meanwhile, Calgary-based filmmakers Amanda Forbis and Wendy Tilby are in the running for their Prairie-based picture Wild Life.
- **Mixing** Welland, Ont.-raised David Giammarco hit a home run with a nomination for best sound mixing for Moneyball.

2 scene

Court

A trial to decide the broadcast rights of the Golden Globe Awards is set to start after a judge and attorneys resolved last-minute issues concerning witnesses and exhibits. U.S. District Judge A. Howard Matz urged attorneys to streamline the case.

THE ASSOCIATED PRESS



Teen star Keke Palmer moves on from Nickelodeon with a more adult role in 'Joyful Noise'

Canadian Health Care Academy
Register Now For Spring Courses
Licensed Practical Nursing
Be a LPN in 52 weeks! Classes start March 12
Access to Practical Nursing
RCA's become a LPN in 34 weeks! Classes start March 12
Pre-requisite courses also available. Call for details.
Call for details: 604.540.2421
info@chcabc.com • www.chcabc.com
052411

N.A.T.C.M Hemorrhoids Centre
HEMORRHOIDS TREATMENT CENTRE
• Chinese Traditional Herbal Medicine
• Alternative to Surgery & Painful Injections
• Specialize in Healing Hemorrhoids,Fissure, Fistula, Polypus, Colonitis
• Full Recovery GUARANTEE
• Offering 3 Year Warranty
CALL NOW FOR A FREE CONSULTATION!
You Owe It To Yourself To Check Out This Powerful & Effective Alternative!
778.330.6889 • www.natcm.ca
516-4538 Kingsway, Burnaby (Crystal Mall Office Tower, Please use HSBC bank entrance)

Speedflirt

He winks,
she winks back

Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.

Create a profile, browse profiles and find your match!

Download and install the free app for your mobile device - available on the App Store or also available in Android Market.

Available in Android Market

Available on the App Store

How movies teach us about life's Grey areas

- Looking to survive a plane crash in the Andes?
- Just press 'play' and sit down with a bowl of popcorn

IN FOCUS

RICHARD CROUSE
SCENE@METRONEWS.CA

This Christmas I got a book titled The Worst-Case Scenario Survival Handbook.Contained within were tidbits of information on how to survive shark attack, a volcano eruption, even what do when the pilot passes out leaving you to land the plane.

It's an interesting read, but I am a visual person and have learned much more about survival from watching movies than from the pages of this book.

From this weekend's The Grey, a man versus nature tale starring Liam Neeson, I learned that empty airplane booze bottles can be broken, wedged between your fingers and repurposed as Wolverine-style knuckles of death.

Hopefully I'll never have to use that trick, but it is just one of many lessons learned at the movies.

Alive, the story of Uruguay's rugby team whose plane crashed in the middle of the Andes mountains, I learned that cannibalism is a good way to stave off hunger pangs.

A similar lesson was taught in the Robert Redford film Jeremiah Johnson, based on a real-life trapper named John Johnston, nicknamed "Liver Eater Johnston" for his habit for cutting out and eating the livers of men he killed.

From the true-to-life mountain climbing movies 127 Hours and Touching the Void, I learned perseverance. In the former a man is wedged literally between a rock and a hard place. To get free he cuts off his own arm with a pocketknife. Now that's stick-to-itiveness! The latter sees a man with a severely broken leg crawling his way out of a deep crevice to safety.

From Cast Away, Tom Hanks's stranded-on-a-desert-isle movie, I learned how to build a raft from a portable toilet, and how, in lieu of friends, a soccer ball with a bloody handprint can be man's best friend.

Should you find yourself stranded on a snowshoer mountain top think back to the Lance Henriksen movie Survival Quest; not only does it teach viewers to forage for food and raft raging waters, but also how to dig an ice cave to survive the bitter cold.

CONTRIBUTED

▶ A scene from The Grey, which opens Friday. The film's plot revolves around an oil drilling team that struggles to survive in the wild after a plane crash.

AVAILABLE IN STORES NOW!
REAL STEEL
HUGH JACKMAN
CANADA STAR POWER
For more fun stuff, check out Disney's Facebook page at:
www.facebook.com/WaltDisneyStudiosCanada
YOU COULD WIN A COPY OF
REAL STEEL
ON BLU-RAY COMBO PACK
AND THE SOUNDTRACK!
To register and for full contest details visit clubmetro.com
VISIT clubmetro.com TO ENTER

NEED COOL DESIGN TIPS?

Read metro home every Thursday.

I saw mommy kissing ... 10 guys in a hot tub

First single mom to star on this season's Bachelorette

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

Here's the thing about The Bachelor and The Bachelorette: If you want to put yourself in a ridiculous situation by vying for the "love" of some stranger while a group of other similarly-dressed people do the same on national TV, that's fine. You are a (semi) rational adult and that's your weird bag. However, it's when kids are involved that I get the heebie-jeebies.

It was announced yesterday that Emily Maynard, the 25-year-old single mom who was the chosen one on The Bachelor with Brad Womack, but then broke up with him shortly thereafter, will now be the star of the eighth season of The Bachelorette.

Although there is no word on what kind of role Maynard's six-year-old daughter will play in the series, the ABC press releases are quick to point out that Maynard is the first single mom to star in the series. Maynard's little girl also appeared on The Bachelor.

ALL PHOTOS GETTY IMAGES

▶ Emily Maynard is the new Bachelorette.

Look. It's great that single moms can be on The Bachelorette.

In fact, the series needs to broaden their casting net — more single moms! More single dads!

How about single granddads? Heck, what about a contestant who isn't white? But isn't it confusing enough for little children when their parents date multiple people/make out half-dressed in hot tubs without being on network TV?

Let's hope ABC won't showboat the little girl for ratings, like they did with single dad Jason Mesnick's then four-year-old son Ty on The Bachelor.

Let's leave that poor parenting to Teen Mom, shall we?

LOOKING TO MAKE A CAREER CHANGE?
Read metro work every Monday & Wednesday.

ENTER FOR YOUR CHANCE TO WIN
ADVANCE SCREENING PASSES TO SEE
SAFE HOUSE
ON FEBRUARY 8

IN THEATRES FEBRUARY 10
SUBJECT TO CLASSIFICATION
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

Speedflirt
She flirts,
He flirts back
Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.
Create a profile, browse profiles and find your match!
Download and install the free app for your mobile device - available on the App Store or also available in Android Market.
Available in Android Market
Available on the App Store

3 life

Travel in brief

Over the decades, The Beatles, Jimi Hendrix, The Grateful Dead, U2 and hundreds of other acts have played the legendary outdoor stage at Red Rocks Amphitheatre, nestled between two 91-metre sandstone monoliths in the Rocky Mountains foothills outside Denver. On Jan. 27, the hip-hop group Atmosphere and Grammy-winning rapper Common, shown, are headlining the venue's first concert in the middle of winter.

THE ASSOCIATED PRESS

Haida exhibition produced by three Canadian museums to tour Europe.

Four must try spa trends

From sound therapy to family-friendly spas, there are plenty of fresh treatments to test out

DISNEY/THE ASSOCIATED PRESS

Disney's family resort and spa Aulani in Hawaii.

1 Family Affair

More spas are accommodating adults and kids together. "The new thing is that it's the family. People want to go with their children to spas. Not all of them, of course. Some want to go without," said Susie Ellis, president of the online spa portal SpaFinder. "We're seeing now the spas responding and very much making it more of a welcome place for kids." Ellis predicts more will reconsider age restrictions. Kid-specific spas are also on the rise, Ellis said.

COQOON SPA AT INDIGO PEARL/THE ASSOCIATED PRESS

'The Nest' at Coqoon Spa in Phuket.

3 Extra wow factor

Some spas are trying to wow and woo with unusual, eye-popping decor that defies traditional minimalism. In Thailand, a luxurious rainforest wicker treehouse, 'The Nest,' serves as a private spa suite suspended from tree branches at the Coqoon Spa at Indigo Pearl in Phuket.

MIRAVAL RESORT & SPA/ THE ASSOCIATED PRESS

While music used to be an ambient afterthought in spas, it's now an integral part of many treatments.

2 Colour, Light, Music, Vibration

Incorporating them as ambient afterthoughts is nothing new for the spa industry.

Now they're 'becoming the main event,' a report from SpaFinder said. One innovation is software that creates real-time music, tones, beats and other sounds like wind rustling and rivers to beats generated by a therapist's movements in tandem with the client's bodily responses during massages, SpaFinder said.

The client leaves with a CD of the 'well-being music-art' they helped create.

RICHARD DREW/THE ASSOCIATED PRESS

Spa expos are one place to learn about new therapies.

4 Cold and ice

With saunas, steam rooms, Whirlpool baths and rock massages, spas have traditionally used heat to destress and detoxify, but the industry is taking a cue from the Romans, who more than 2,000 years ago finished spa-like experiences with a trip to the 'frigidarium.' Look for more ice therapies and cold rooms alternated with hot treatments to reduce pain and inflammation in muscles and joints, Ellis said. At ESPA locations around the world, clients can scoop ice crystals from fountains to rub down after saunas. At the Qua Baths & Spa in Caesars Palace Las Vegas, visitors can head to the 'arctic ice room' to sit amid falling snow as a more gentle transition from heat and steam than the usual cold plunge into a pool.

THE ASSOCIATED PRESS

Gliding through a winter wonderland

Yellowstone National Park isn't just a summer destination See it from a pair of cross-country skis

MATT VOLZ/THE ASSOCIATED PRESS

▶ Winter is a perfect time to get immersed in Yellowstone National Park.

Yellowstone National Park's wilderness is reclaimed when the throngs of summer tourists leave and the temperature drops below zero. Most of the park's roads and services shut down, and the landscape is transformed into an otherworldly land of ice and snow.

Relatively few people venture into the park at this time, just 17,262 overnight visitors last winter compared to the nearly 1.2 million overnight stays between June and September 2010.

The wildlife re-emerges with the people gone, and wolves, foxes, swans, geese, eagles, bison and elk are more frequently seen at this time of year.

It's also a prime time for cross-country skiing. Yellowstone in winter has plenty of trails for novices and experts alike. No matter the skill level, a ski trip in Yellowstone leaves you with a sense of the park's beauty that is completely different from the busy summer months.

For $40, you can get a two-hour lesson and get outfitted with skis, boots and poles for 24 hours.

At the Old Faithful Snow Lodge and the Mammoth Hot Springs Hotel near the northern entrance, plot out your ski route.

These are the only accommodations inside the park during the winter season from mid-December until the first weekend of March.

There's usually plenty of space throughout the season, with Old Faithful normally running at about 70 per cent of capacity and Mammoth about 60 per cent full. The exception is Christmas, when the lodges are usually full.

Once you get to Old Faithful in winter, you're pretty much stuck there unless you pony up another $62 to take the three-hour snowcoach back to West Yellowstone. The rooms at Old Faithful are $206 a night, there's no television and reservations are a must at the one restaurant.

But the adventure begins just outside the door with the iconic geyser as the main attraction. Most wintertime visitors choose to tour the park by snowcoach or snowmobile. But there's really no better way to become immersed in the park than with a pair of skis. There are the easy outings, such as the trails around the Upper Geyser Basin just outside of the lodge.

Then there are the tougher ones, including arduous trails to the Continental Divide.

For those who don't want to waste any more time than necessary, and have an extra $16.50, a shuttle is available to take skiers to more distant trailheads.

THE ASSOCIATED PRESS

If you go...

- Yellowstone National Park's winter season begins in mid-December and lasts until the beginning of March; nps.gov/yell . Winter package deals from concessionaire Xanterra: yellowstonenationalparklodges.com.

JOIN HHONORS AND START EARNING A
GETAWAY
WHILE YOU'RE AWAY.
ENROLL IN HILTON HHONORS™ AND YOU COULD EARN 1,000 BONUS POINTS PER NIGHT PLUS 5,000 BONUS POINTS PER WEEKEND.
Make every night you stay count for more. Now is the perfect time to join Hilton HHonors, the guest loyalty program of Hilton Worldwide and its ten distinct brands, and you can start earning points good for free nights. Simply sign up for our More Points promotion and you'll earn 1,000 Bonus Points for every night plus an additional 5,000 Bonus Points for every weekend* stay of two nights or more at participating hotels and resorts through March 31, 2012. Suddenly you have thousands of places to make thousands of new memories.
• Sign up now at HHonors.com/MorePoints •
HILTON HHONORS
HHonors.com
EXPERIENCES WORTH SHARING
©2012 Hilton Worldwide
WALDORF ASTORIA
CONRAD
Hilton
DOUBLETREE
EMBASSY SUITES
Hilton Garden Inn
Hampton
HOMEWOOD SUITES
HOME2
Hilton Grand Vacations
HILTON HHONORS
*Weekend is defined as Thursday through Sunday. See HHonors.com/MorePoints for full terms and conditions.

Drink of the week

Triple Shots of Flavour

Looking for a way to serve up a fun non-alcoholic drink? Try these shooters.

- Fresh cucumber
- Watermelon
- Ginger
- Sparkling water

On tray, place 3 shot glasses (2 oz each).
Using small melon baller make 3 balls of cucumber, 3 balls of watermelon, 3 balls of ginger.
Place fruit balls in glasses, then pour cold sparkling water over fruit.
Allow to infuse 1 min. Bubbles will extract the fresh fruit flavours.
SOCIETEPERRIER.COM

Sandwich that chicken

This sandwich boasts the picante flavour of curry, which works well with chicken Adding a dash of orange juice helps to fight colds

Looking for a new idea for your lunch that will help to keep that winter cold away? This tasty chicken sandwich sings of orange flavour with a hint of curry, which makes for a perfect twist to a sandwich classic, with added health benefits.

NEWS CANADA

This recipe serves four.

Preparation:

1. In skillet heat oil over medium-high heat and cook onion and garlic for 3 minutes or until starting to soften. Add chicken, curry powder, coriander and turmeric; cook, stirring for 2 minutes. Whisk cornstarch into orange juice and add to skillet; bring to boil. Reduce heat and simmer for about 5 minutes or until chicken is no longer pink inside.
2. Remove from heat and stir in yogurt, coriander, chutney, salt and pepper.
3. Spread mixture over 1 naan bread and top with spinach. Top with other naan and cut in quarters to serve.

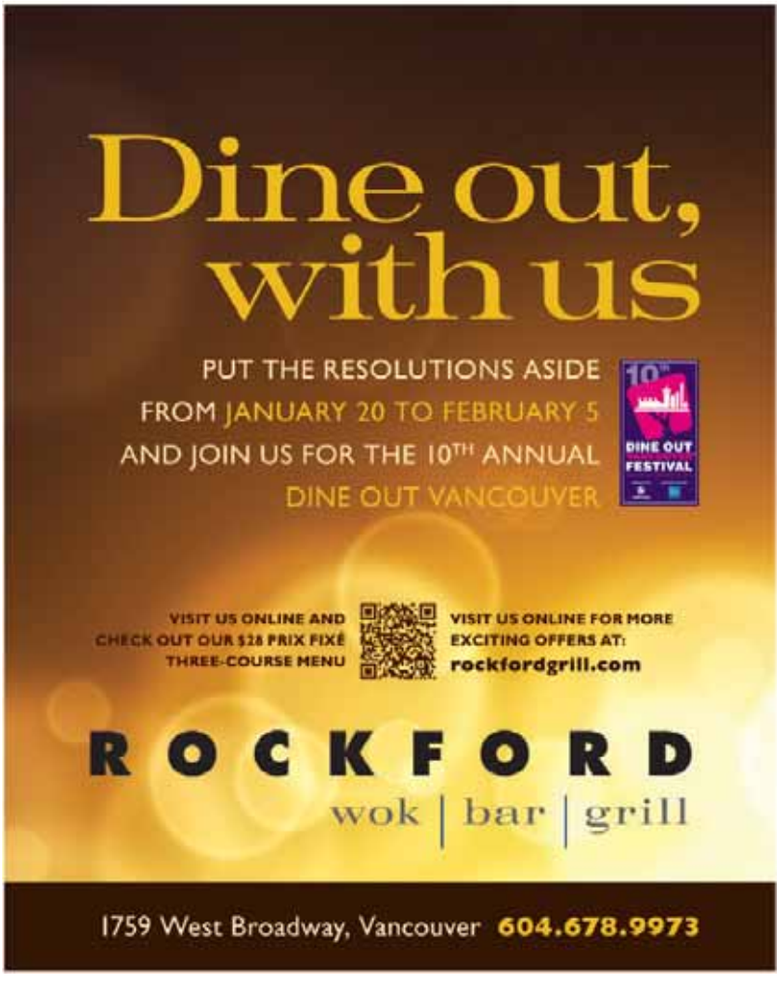
NEWS CANADA/

ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. VISIT EMILYRICHARDSCOOKS.CA)

Ingredients:

- 1 tbsp (15 mL) canola oil
- 1/2 cup (125 mL) diced red onion
- 2 cloves garlic, minced
- 12 oz (375 g) boneless skinless chicken breasts, diced (about 2 breasts)
- 2 tsp (10 mL) curry powder
- 1/2 tsp (2 mL) each ground coriander/turmeric
- 1 tbsp (15 mL) cornstarch
- 3/4 cup (175 mL) Florida orange juice
- 1/4 cup (50 mL) 0 % plain Greek yogurt
- 3 tbsp (45 mL) chopped fresh coriander
- 2 tbsp (30 mL) mango chutney
- Pinch each salt and pepper
- 2 large naan breads
- 1 cup (250 mL) baby spinach

KYO
Korean BBQ · Sushi House
BEST KOREAN BBQ & SUSHI IN TOWN
Come try our new Fusion Menu
For a limited time only. Only Available Monday to Thursday.
2993 Granville St (at 14th Ave) • 604.739.8868
Monday - Sunday • 11am-3pm / 5pm-11pm


Dine out, with us
PUT THE RESOLUTIONS ASIDE
FROM JANUARY 20 TO FEBRUARY 5
AND JOIN US FOR THE 10TH ANNUAL
DINE OUT VANCOUVER
DINE OUT FESTIVAL
VISIT US ONLINE AND CHECK OUT OUR $28 PRIX FIXÉ THREE-COURSE MENU
VISIT US ONLINE FOR MORE EXCITING OFFERS AT:
rockfordgrill.com
ROCKFORD
wok | bar | grill
1759 West Broadway, Vancouver 604.678.9973

Competition Blend
Espresso & Hot Water...
That's an
AMERICANO.
The freshest cup of coffee every time.
BLENZ COFFEE
We love what you're drinking.
For a limited time, try a double shot AMERICANO for the same price as a medium Brewed Coffee.
only $1.99+tax

metro
CANADA'S FIRST NEWS APP IN
NEWSTAND
Now available for iPad, iPhone and iPod touch!
Available on the App Store
*First to market as of press time.

Put away, plug away

- You've got a stack of work to handle but your office is in shambles
- Take in these tips on tidying up your wild workspace

ISTOCK

A scattered desk means a scattered brain.

For the 50 per cent of working Canadians who work from home or maintain a home office, organization is especially important.

Being productive is a direct result of being organized, but the thought of where to start and how to go about it may be overwhelming. The good news is, a few simple steps can make a major difference.

Clear the clutter

Being organized starts with cutting out the clutter. Too often our offices are crammed with machines, supplies and pieces of paper, making our workstations seem completely dysfunctional.

When it comes to paperwork, limit the documents you keep in hard copy. Scan your documents and store them on your computer's hard drive.

Shredding the hard copies will make an immediate difference in the amount of space you have.

Label and file

Once you decide what documents you need to keep in hard copy, make sure they have a designated place. To achieve this, an effective labelling system is a no-brainer.

Colour code and label your files so everything is clearly identified and easily accessible. Assign a colour category to your files, such as green for financial documents and blue for personal papers. Organization also extends to how you manage your contacts.

If you tend to do a lot of mailings, investing in a label printer with software that allows you to save your contacts is the way to go. There are some great electronic labellers on the market that can be purchased in most office supply stores or online on websites like brother.ca.

Establish office routines and stick to them

To avoid falling into the "disorganization rut" once again, you need to implement a daily or weekly routine. Take a few minutes each day to sort through every piece of paper that comes into your office. As tedious as this may be, this system will help you stay organized and keep things running smoothly.

NEWS CANADA

Clear your head

Learn to love lists

- An organized mind is a productive mind. At the end of the day, make a to-do list for the next day and set it out on your desk so it's ready when you come in.
- Not only will this help you be more efficient, it will help de-clutter your mind so when you leave the office you can focus on things other than work.

Teachers' information session

Saturday, February 4, 2012, 10:30am - 12:00pm

We invite kindergarten to grade 12 teachers to join us for an information session. This event is a great opportunity for teachers to:

• learn about Crofton House School • find out what it is like to work in a premier independent day school for girls • view our outstanding facilities • network with some of our talented and dynamic teachers over coffee.

No RSVP required. To find out more about our school, please visit *croftonhouse.ca*

3200 West 41st Avenue, Vancouver, BC.

Please enter through the main doors on West 41st Avenue.

Crofton House School
Est. 1898

We educate girls for life.

Need Work?
Fun Flexible Call Centre
Open 6 Days a week 9am to 9pm
Various Shifts / Full and Part Time
PAID WEEKLY
Call Martin: 604.420.7962

TUITION OF ONLY $3500
NEXT HEALTH CARE ASSISTANT CLASS STARTS
JANUARY 30
> Past grads have gotten jobs weeks after graduating
> State of the art lab facility
> Free job search and assistance provided
Kamayma college
PCTIA REGISTERED
604.593.5178
www.learnnursingnow.com
Some conditions apply.

KNOWLEDGE, SKILLS + CONFIDENCE
You CAN live a healthy life with Chronic Pain

Chronic Pain Self-Management Program
- Understand and manage symptoms
- Deal with stress and difficult emotions
- Learn to safely maintain physical activity and improve flexibility
- Communicate effectively with your health care team

Free Six-Session Workshop for Adults with Any Kind Of Ongoing Pain, *Family Members And Friends Welcome*

DATE/TIME: FRIDAYS, 1 pm - 3:30 pm • Feb 3 until March 9, 2012
LOCATION: Healing our Spirit Society
137 - East 4th Avenue, Vancouver, BC
TO REGISTER: Call (604) 940-1273 to register FREE

Call TOLL-FREE 1-866-902-3767 or visit our website at www.selfmanagementbc.ca

British Columbia | University of Victoria Centre on Aging

Getting the kids to care

Dr. Oz finds a way of talking well-being with kids with boring them to tears

MEREDITH ENGEL
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

When he's not operating on patients, hosting a talk show or authoring books, Dr. Mehmet Oz devotes his time to his charity, HealthCorps, a Peace Corps-like program that sends college grads into high schools to mentor students on health and well-being.

GETTY IMAGES

▶ Dr. Mehmet Oz

Why is peer-to-peer mentoring the right approach to take to teach kids about their health?

Well, part of it is because I have kids. I was asked by their school to give a talk to them once about 10 years ago, and they seemed sort of bored but I gave the talk anyway. The next day, as I got to the hospital, I had probably a dozen phone calls from corporate executives, lawyers [and] other doctors saying their kids had come home that night and had told them things like "If you have a piece of bread, it's like having a candy bar." And it began a process in my mind: If we can get these kids to talk with each other in a way that makes it cool to push back against your parents, they'll do it.

I'm not the one to deliver that message, but I can get college kids to do it.

What are your goals for the program, and what are you doing to reach them?

I want to have HealthCorps schools in every major city in America, and I want to have them in every state. We may not be in every school, and I think one of the things we're learning is that we can develop [the] best practices from the many schools we're in that other schools can adopt and begin to use in their own programs. We're gonna call it HealthCorps University. So either you'll have one of my volunteers in your school who will teach your kids about health, and [for] anybody else, health teachers can take the syllabus and use it on their own.

WagJag.com DEAL OF THE DAY!

$25 FOR 2 ONE-HOUR SEMI-PRIVATE INTRODUCTORY HORSEBACK RIDING LESSONS AT HYLEE TRAINING (AN $80 VALUE)

HIGHLIGHTS
- 2 introductory semi-private riding lessons
- Helmets provided at no extra charge
- Equine Canada-certified instructors

Regular Price: $80.00
You Save: $55.00
Discount: 69%

CURRENT DEALS

$18 FOR $40 TOWARDS FLEECE CLOTHING, ACCESSORIES AND MORE AT FUNKY FLEECE

HIGHLIGHTS
- Redeem online
- Adult and youth apparel
- Toys and accessories for kids
- Colourful and creative prints
- Fleece that is funky

$89 FOR UNLIMITED LASER HAIR REMOVAL ON 1 BODY PART FOR 1 YEAR AT LUMINOUS SKIN CARE (A $1,500 VALUE)

HIGHLIGHTS
- New LHE laser machines
- Safe and effective for fair and dark skin tones
- Certified laser technicians
- Free parking
- Located inside The Cosmedic Corner

Visit: WagJag.com

Hurry to WagJag.com to purchase local deals before time runs out.

Don't quite get it yet? Visit WagJag.com

Follow us on:

facebook.com/wagjag
@wagjagvancouver

HILLTOP ACADEMY
FITNESS LEADERSHIP DIPLOMA PROGRAM

BECOME A PERSONAL TRAINER
- Receive Your Diploma In 4 Months
- Earn Up To $70/Hour
- Job Placement Assistance

Enter to WIN Free Tuition

HILLTOP ACADEMY
(604) 930.8377
www.hilltopacademy.ca

Why I chose to attend Hard Work U

Prioritizing pages over partying ain't easy But skipping the occasional shindig feels worth it to this student

STUDENT VOICE

CEILIDH MILLAR
TALENTEGG.CA

As a first-year media communications student, here's the scoop.

The holidays are over and I'm back at school. During the break, I had a chance to catch up with friends who were home from university. By all accounts, they're having the time of their lives. They regaled me with stories about cool parties, wild weekend trips and antics of living in residence.

OK, am I missing something here? My post-secondary experience has been the exact opposite. Long days of classes, evenings and weekends filled with assignments and studying… pure slog!

Forget about those wild dorm parties. In my dorm there's complete silence by 9 p.m. — everyone is in their room studying or passed out from exhaustion!

Ceilidh Millar and CTV host Lloyd Robertson.

I found my first end-of-semester experience overwhelming! Eight finals in four days...brutal! I spent my evenings at the campus broadcast centre cramming for exams and editing film until three in the morning. Ah, beautiful sleep… is now my idea of fun!

Was I at No Fun Tech? Had I chosen the wrong school?

Over the break, I had time to reflect on why I selected this college in the first place. I chose BCIT because it has a great media communications program.

I wanted a program that focused on practical training in addition to the academics. The program covers both aspects and students can be secure in the knowledge they'll be well prepared to enter the job force. BCIT has one of the best track records of producing top graduates who are sought after by employers.

Although it may be entertaining to be at Fun Time U, I know the true purpose of college. I believe in post-secondary education that gets you results — a job!

BCIT has accelerated programs. Students are basically doing four years in two. My university friends take only four courses a semester, I'm taking eight, resulting in 16 courses a term plus a practicum. Yeah, no wonder I'm tired!

I reminded myself, I'll have two years experience working in the industry by the time my university friends even graduate.

Yes, I definitely made the right decision.

Nobody said it was going to be easy. You know the saying, "What doesn't kill you, makes you stronger." Well, by the time I graduate, I should be Hercules!

Watch out world!

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

"Although it may be entertaining to be at Fun Time U, I know the true purpose of college. I believe in post-secondary education that gets you results — the job!"
CEILIDH MILLAR

AU student Kathleen in Edmonton, AB

Where Ceilidh is now

I'm a first-year Media Communications student in the Broadcast & Online Journalism program at BCIT. An avid volunteer, I am an ambassador for Free The Children. I was appointed their youth reporter at the 2011 Vancouver We Day and co-hosted City TV's coverage of the day-long event. I am also a freelance writer for Vervegirl Magazine and specialize in articles on cause and volunteering.

Lessons learned

Key take-aways from Ceilidh's experience:

- Choose programs and courses that offer hands-on experience to get ahead of your peers
- Pursue volunteer opportunities in your field to network and gain valuable skills

Dream. | Pursuing your education sometimes means dreaming big. And with more than 800 courses and 50 programs delivered online and at a distance, **Athabasca University** can help take you where you want to go. Learn more at **explore.athabascau.ca**.

Athabasca University

Careers that deliver

At Canada Post, we're on a journey to redefine our relevance in a world that's constantly changing. Our goal is a transformed company that maximizes growth opportunities and plays a meaningful role in the lives of all Canadians. **We're looking for innovative people to help us get there.**

Scheduling Superintendent, Maintenance

An ideal career move for a team leader with post-secondary training in a technical discipline

Are your 3-plus years of proven success as a technical supervisor within an industrial unionized maintenance environment backed by solid decision-making and planning skills and a commitment to safety and quality? Do you have post-secondary training in a technical program or a recognized professional designation in a technical discipline? Consider joining our **Vancouver** sortation facility in this **full-time** position. Leading a team responsible for all plant mail-handling and processing equipment maintenance scheduling activities, you will monitor and analyse maintenance reports, work orders and work completion to optimize scheduling activities. A minimum of 2 years managing, or working with, a Computerized Maintenance Management System (CMMS) is required. A Maintenance Management Professional (MMP) designation is an asset. You may occasionally be required to work night or weekend shifts. As we invest in state-of-the art machinery and systems that are crucial to the success of our operations, we offer an exciting opportunity to use the latest technology and work for a world leader in the postal industry recognized as one of Canada's top employers and best corporate citizens. You will also enjoy a comprehensive total compensation package – including a competitive salary and incentive plan, comprehensive benefits and generous pension plans, ongoing training, and the chance to be part of a winning team.

For details and to apply online by **February 12, 2012,** visit our careers site at **www.canadapost.ca/careers,** and search for **Job ID J0112-1216.** *We thank all those who apply. Only those selected for further consideration will be contacted.*

Canada Post is committed to achieving a diverse workforce that mirrors the Canadian labour force. As a result, candidates from the four Equity groups (women, Aboriginal peoples, members of visible minorities and persons with disabilities) are encouraged to self-identify.

If you are contacted by Canada Post regarding a job opportunity or testing, please advise if you require accommodation. Information received relating to accommodation needs of applicants will be addressed confidentially.

Persons with a disability preventing them from applying online should contact our help-line at 1-877-427-7717.

CANADA POST / POSTES CANADA

WHAT CONSTITUTES A CONTRACTOR?

It may appear that you work independently of a company But are you actually its employee?

WORKPLACE LAW

DANIEL LUBLIN
DAN@CANADA EMPLOYMENTLAWYER.COM
TWITTER: @DANLUBLIN

It's workplace law's newest phenomenon: employers, happy to unburden themselves from the various costs and liabilities associated with their employees, increasingly hire "contractors" to perform the same services their employees did before.

However, this arrangement is often in dispute. Government agencies and courts are apt to find that many contractors are truly employees. No surprise there as the word "contractor" seldom represents more than a label. What really matters is how the parties behave.

So when is a contractor actually an employee?

Despite signing an independent contractor agreement and incorporating his own company, Gordon Braiden was not self-employed.

Braiden, a sales agent, worked full-time and exclusively for La-Z-Boy, who controlled which products he sold, how he sold them, where his sales territory was and what promotional methods to use.

It did not matter that Braiden had incorporated his own company, according to an Ontario court, because ultimately he was part of La-Z-Boy's business, not his own.

Similarly, real estate agent Elizabeth McKee was an employee even though she had signed a contractor agreement, had her own incorporated business and invoiced her principal for commissions.

Following a fallout that cost her job, McKee sued arguing that she was an employee. The fact that she operated a business within her work for the company did not mean she was a contractor, nor did the fact that she hired and supervised her own staff. Since she worked for 18 consecutive years exclusively for her employer and had become an integral part of its business, the court declined to uphold the contract and characterized her as an employee. She was then awarded nearly half a million dollars in severance.

Labelling yourself as a contractor is not dispositive, even if your employer agrees. Courts and tribunals will always consider the true nature of the relationship to determine how the parties actually behaved.

If you want to be employed as a contractor, then do as follows:

Ensure that there is a clear separation between the employer's business and your own. Ensure you are permitted to perform services for others and to maintain genuine discretion over how and when you perform the job. Even an airtight independent contractor agreement will not be reliable unless the parties stick to what it says.

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN

VANCOUVER CAREER COLLEGE

Thinking About a Business Career?

Do you dream of being a mover and a shaker? Are you ready to launch your career in the exciting and fast-paced world of business? If so, a diploma from Vancouver Career College may be the secret to your success. Choose from:

- Business Administration/ E-Commerce Mgt
- Office Administration
- Hospitality Mgt
- Accounting & Payroll Administrator
- Human Resources
- International Trade
- And More

CONTACT US FOR MORE INFO } CALL: 1.866.306.6766 VISIT: learn.VCCollege.ca

facebook /VancouverCareerCollege twitter/VCCollege YouTube /VCCollege

UBC CONTINUING STUDIES

Manage your small business more easily in 2012

Learn how QuickBooks® can help your small business save time and organize your finances with no accounting expertise required. **QuickBooks for Business Owners** teaches you how to effectively use the software, avoid errors and produce useful reports. This part-time evening course takes place at UBC Robson Square in downtown Vancouver.

Course starts February 6.

cstudies.ubc.ca/qbmv *or* **604.822.1420**

a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Canucks survive in shootout

Northwest Division-worst Oilers fail to pull off come back in final game before all-star break

CANUCKS	OILERS
3	2

▶ Edmonton's Ryan Smyth runs Kevin Bieksa into the Vancouver bench on Tuesday night.

Cody Hodgson scored the shootout winner Tuesday to give the Vancouver Canucks a 3-2 victory over Edmonton that sent the Oilers to a sixth straight road loss.

Hodgson beat Edmonton netminder Devan Dubnyk in the fifth round of the shootout with a shot that trickled between his pads.

Alex Edler had scored earlier in the shootout for the Canucks while Ales Hemsky extended the tie-breaker for the Oilers by beating goalie Roberto Luongo on a backhand.

It was the second shootout game in as many nights for the Oilers.

The win enabled Vancouver (30-15-4) to move to within three points of the idle Detroit Red Wings, who lead the Western Conference.

The Canucks have won four of their last six heading into the all-star break.

Daniel Sedin and David Booth gave the Canucks one-goal leads in regulation while Shawn Horcoff and Taylor Hall replied for Edmonton (18-26-5).

In the overtime, Henrik Sedin tipped a shot on Dubnyk and later had his attempt smothered by the Edmonton goalie who also corralled a last-minute attempt by Ryan Kesler.

Edmonton's best chance in the extra session came when Hall fired into Luongo's right pad.

13
The Canucks handed the Oilers their 13th loss in 14 road games.

Both goalies had solid games as Vancouver outshot Edmonton 35-32, including 8-3 in overtime.

Hall tied the game on Edmonton's only power play with 4:11 remaining in the third period.

He tipped defenceman Corey Potter's point blast through heavy traffic behind Luongo after Canuck defenceman Dan Hamhuis was sent off for interference.

Booth gave the Canucks a 2-1 lead five minutes into the period as he was being tackled by Hall when he knocked in a puck lying in the crease.

It got there after Kesler tipped Chris Higgins' centring pass on net.

The goal was the eighth of the season and third in three games for Booth in his fourth game back since missing 18 with a knee injury.

THE CANADIAN PRESS

Fielder signs with Tigers: Source

Free agent first baseman Prince Fielder and the Detroit Tigers agreed Tuesday on a nine-year, $214-million US contract that fills the AL Central champions' need for a power hitter, a person familiar with the deal said.

CBS first reported the agreement.

The person told The Associated Press that the deal was subject to a physical. The person spoke on condition of anonymity because the contract was not yet complete.

Detroit boldly stepped up in the Fielder sweepstakes after the recent knee injury to star Victor Martinez. A week ago, the Tigers announced that the productive designated hitter could miss the entire season after tearing his left ACL during off-season conditioning.

The Tigers won their division by 15 games before losing in the AL championship series to Texas.

Adding the 27-year-old Fielder gives the Tigers two of the game's premier sluggers, pairing him with Miguel Cabrera.

With Cabrera and Fielder, Detroit will begin this season with two players under age 30 with at least 200 career homers. According to STATS LLC, that's happened only once before. At the start of the 1961 season, the Milwaukee Braves featured 29-year-old Eddie Matthews (338 homers) and 27-year-old Hank Aaron (219).

Fielder has averaged 40 homers and 113 RBIs over the past five years.

THE ASSOCIATED PRESS

Paid in full

Among current players, Fielder's new yearly average pay would be the fifth highest in the major leagues.

Alex Rodriguez, Yankees
$27.5 million,

Ryan Howard, Phillies
$25 million

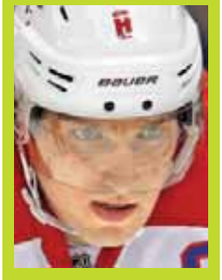
Cliff Lee, Phillies
$24 million

Albert Pujols, Angels
$24 million

Prince Fielder, Tigers
$23.78 million

4 sports

Quoted



there. I got suspended so why do I have to go there?"

WASHINGTON CAPITALS FORWARD ALEX OVECHKIN, WHO HAS DECIDED HE WON'T PARTICIPATE IN THIS WEEKEND'S ALL-STAR GAME BECAUSE OF A THREE-GAME SUSPENSION HANDED TO HIM BY THE NHL EARLIER THIS WEEK.

SIRIUS SATELLITE RADIO

DODGE CARAVAN KIDS

PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

Enter to win the 2012 vehicle of your choice in our **SEE IT, WANT IT, WIN IT** contest.[v] See dealer for details.

FIRST BIG DEAL EVENT

Jan 23 - 31

THE LONGEST-LASTING PICKUPS IN CANADA^

2012 RAM 1500 QUAD CAB SXT 4X4

CANADA'S FASTEST-GROWING CHOICE OF LIGHT-DUTY PICKUP°

NOW ONLY

$25,498•

INCLUDES $9,750 CONSUMER CASH* AND FREIGHT.

2012 Ram 1500 Quad Cab Sport shown.§

CONSUMERS DIGEST BEST BUY

OR CHOOSE

$149 @ 4.99%‡

BI-WEEKLY WITH $0 DOWN

2012 CANADIAN TRUCK KING CHALLENGE WINNER

2012 RAM HEAVY DUTY

CANADA'S #1 SELLING DIESEL PICKUP∞

- **Ram is the only Heavy-Duty Diesel pickup in the market that does not require a Diesel Exhaust Fluid (DEF) system**
- Unsurpassed **800 lb-ft** of torque[Ω]
- 350 hp @ 3,000 rpm
- Class-exclusive[Ω] 6-speed manual transmission
- **Nobody offers a better diesel engine warranty: 5 years/160,000 km**

Cummins TURBO DIESEL

NO CHARGE CUMMINS® TURBO DIESEL ENGINE $9,345 VALUE

FINAL MONTH!

HURRY TO TAKE ADVANTAGE OF TOTAL DISCOUNTS UP TO $10,750*

ON THE REMAINING 2011 MODEL LINEUP. WHILE SUPPLIES LAST.

RamTruck.ca/Offers

GUTS · GLORY RAM

Wise customers read the fine print: •, *, †, ‡, § The First Big Deal Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating dealers between January 23 and 31, 2012, inclusive. Dealer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating dealers for complete details and conditions. •$25,498 Purchase Price applies to 2012 Ram 1500 Quad Cab SXT 4x4 (23A+AGR+XFH) only and includes $9,750 Consumer Cash Discount. See participating dealers for complete details. Pricing includes freight ($1,400–$1,500) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and applicable taxes. Dealer order/trade may be necessary. Dealer may sell for less. *Consumer Cash Discounts are offered on select new 2011/2012 vehicles and are manufacturer-to-dealer incentives which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your dealer for complete details. ‡4.99% purchase financing for up to 96 months available on the new 2012 Ram 1500 Quad Cab SXT 4x4 model to qualified customers on approved credit through Royal Bank of Canada and Scotiabank. Dealer order/trade may be necessary. Dealer may sell for less. See your dealer for complete details. Example: 2012 Ram 1500 Quad Cab SXT 4x4 with a Purchase Price of $25,498 (including applicable Consumer Cash Discount) financed at 4.99% over 96 months with $0 down payment equals 208 bi-weekly payments of $149 with a cost of borrowing of $5,451 and a total obligation of $30,950. Pricing includes freight ($1,400–$1,500) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and taxes. Dealer order/trade may be necessary. Dealer may sell for less. §2012 Ram 1500 Quad Cab Sport. Price including applicable Consumer Cash Discount: $30,645. Pricing includes freight ($1,400–$1,500) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and applicable taxes. Dealer order/trade may be necessary. Dealer may sell for less. ¥No purchase necessary. Contest closes April 15, 2012 at 11:59PM ET. One (1) prize available to be won consisting of the winner's choice of any 2012 Chrysler, Jeep, Dodge or Ram vehicle or 2012 FIAT, up to a maximum MSRP (Manufacturer's Suggested Retail Price) of Forty Thousand Dollars ($40,000). Full contest rules available at: www.seeitwantitwinit.ca. ^Longest-lasting based on longevity. Based on R. L. Polk Canada Inc. Canadian vehicles in operation data as of July 1, 2010 for model years 1987 – 2011. ΩBased on *Ward's* large pickup segmentation. ∞Based on 2011 calendar year vehicle registrations. °Based on 2011 calendar year market share gain. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc.

SCAN HERE
FOR MORE GREAT OFFERS

Fuel miser

The Skyactiv's performance is achieved from a higher-than-usual 12.0:1 compression ratio. Normally this would necessitate a premium-gasoline diet, but changes to the fuel management and engine design allow it to burn lower-octane — and less expensive — regular fuel.

The Skyactiv's six-speed automatic is the real fuel miser here with a consumption rating of 7.1 l/100 km city and 4.9 highway.

That's a major improvement over the 8.7/6.0 rating of the five-speed-automatic/base-2.0 combo.

Peppier ride

A few hundred kilometres of seat time confirms that the nature of the Mazda3 has changed for the better.

Although hardly a rocket ship (check out the 263-horsepower Mazdaspeed3 if that's your pleasure), the new model drives in a much sportier manner and certainly feels peppier.

Engine

Compared to the standard Mazda3, there's a revised — as in more aerodynamic — nose and tail. There's also a new Skyactiv 2.0-litre four-cylinder engine that's brimming with high-tech tricks.

It produces 155 horsepower and 148 pound-feet of torque. The base non-Skyactiv 2.0-litre engine makes 148 horsepower and 135 pound-feet of torque and is only available in base of the sedan. The optional 167-horsepower 2.5-litre four-cylinder also carries over in both sedan and hatch.

▶ The Mazda3 is broken into two camps for 2012: standard carryover tech from 2011; and the upgraded platform with the new powertrain available in sedan and hatchback. Skyactiv is not an engine or an option package, but rather a whole different car.

Forget hybrids: Mazda's not giving up on gas

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

It's common for automakers to give labels to their more fuel-efficient offerings, whether that efficiency is real or perceived. It's marketing and sales at its finest.

There's Ford's EcoBoost line of engines as well as Chevrolet's Ecotec and eAssist. And of course there's Toyota's Hybrid Synergy Drive electric/gas system.

Mazda, however, has taken the name game one step further by branding a whole car with its new "Skyactiv" magic wand.

The rationale behind this approach is straightforward. Mazda thinks traditional gasoline and diesel engines will remain the most popular form of automotive propulsion for the next few years. It therefore makes sense to continue refining those powerplants to be more efficient rather than spending millions of dollars on alternative-fuel vehicles, which make up a tiny slice of the pie.

Fair enough, but the reality is that other manufacturers are also refining internal combustion while still finding the resources to explore hybrids and electrics. Just look at the Chevrolet Volt. But what you won't read elsewhere is that Skyactiv is really a wholesale approach to a better driving experience with a reengineered chassis, transmissions and steering.

Fuel economy is just one aspect.

▶ The Mazda3 Skyactiv boasts updated engine tech and six forward gears instead of five for the transmissions. The raised lip behind the instrument cluster houses a couple of small display screens that look a little out of place.

▶ Plans call for new tech that shuts off the engine when the Mazda3 is stopped and instantly starts it up again when the brake pedal is released.

Mazda3 Skyactiv

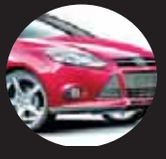
What you should know about the 2012 Mazda3 Skyactiv:

- **Types:** Four-door, front-wheel-drive compact sedan.
- **Engine (hp):** 2.0-litre DOHC I4 (155).
- **Transmission:** Six-speed manual; six-speed automatic (opt.).
- **Market position:** You won't hear about any Mazda gas-electric hybrid models anytime soon as the automaker specializes in sporty, fuel-efficient vehicles under its Skyactiv banner. But does that really make the strategy unique?
- **Mileage:** L/100 km (city/hwy) 7.1/4.9 (AT).

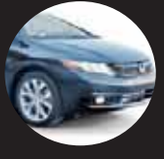
5 drive

By comparison

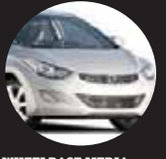
Ford Focus
Base price: $17,600
2012 version available in sedan, hatch formats plus upcoming electric model.



Honda Civic
Base price: $16,400
Sedans and coupes offer a good mix of performance and fuel economy.



Hyundai Elantra
Base price: $17,350
Cool-looking sedan delivers great looks and excellent fuel economy.



WHEELBASE MEDIA

Scan code for more car reviews and news

HONDA'S HOT NEWS FOR 2012

After a new CR-Z hybrid and a fussy-looking Odyssey minivan, we didn't expect a lot for the 2012 model year, but then ...

- The new 2012 Civic arrives, more of an evolution than a revolution.
- The new CR-V is is priced lower than the 2011 model.
- Fit and Ridgeline styling updates.
- Pilot plastic surgery.
- Insight smartens up a bit with a restyle, but it still doesn't pretend to be a Prius.

Honda CR-V: Compact SUV – $27,580 (est.) base price, including destination.

CARRYOVER: Accord; Crosstour; CR-Z; Insight; Odyssey
GONE: Element

JUST THE BEGINNING

THE 2012 HONDA CIVIC IS MORE OF AN EVOLUTION THAN A REVOLUTION

After a seemingly hectic 2011 model year with new vehicles and new updates, it turns out that that was just the beginning. For the 2012 model year, Honda offers up a new Civic, which was launched in May 2011, although both the coupes and sedans have evolved only modestly when compared to their previous-gen counterparts.

The rooflines are a bit more sweeping (what Honda calls a "one-motion profile") and the front roof pillars are now thinner for improved visibility. The sheet metal on the sedan and slightly shorter coupe is attached to a stiffer platform that reduces the distance between the front and rear wheels by about 2.5 centimetres.

Despite this, Honda has increased shoulder and leg room for front- and rear-seat passengers and modestly enlarged trunk space. The automaker also restyled the two-tier instrument panel into a slightly more formal layout. The centrally located tachometer is topped by a speedometer and available five-inch screen that can display key operating and audio selection info.

No major alterations were made to the Civic's base 140-horsepower, 1.8-litre, four-cylinder engine, other than to tweak it for fuel economy.

However, the sporty Si coupe and sedan receive a more energetic 2.4-litre, four-cylinder that generates 201 horsepower (up from 197) and 170 pound-feet of torque, which is 31 more than the 2.0-litre 2011 model.

Also back for 2012 is the significantly changed Civic Hybrid sedan with a 1.5-litre, four-cylinder combined with an electric motor that together make 110 horsepower. The system now employs a lighter and more advanced lithium-ion battery, replacing the previous nickel-metal-hydride unit. Honda claims the Hybrid will achieve a 4.4 l/100 km city rating compared to 4.7 for the 2011 version.

The CR-V wagon was launched in January and comes with value compared to the 2011 models.

The base CR-V comes standard with the following: Rearview camera; Bluetooth; SMS text feature; heated seats; i-MID, a full-colour intelligent multi-information display; air conditioning; and cruise control. These features add $2,500 in value on the base model alone.

Elsewhere for 2012, the Ridgeline truck gets a minor nose job and slightly improved fuel economy.

The new top-line Ridgeline Sport shows up, too, with special 18-inch black alloy wheels (17-inchers are standard) and a blacked-out honeycomb-style grille and headlight/brake light housings.

– wheelbase media.com

Honda Civic Si Coupe

BASE PRICES
INCLUDING DESTINATION

CIVIC: COMPACT SEDAN/COUPE – $16,385 (SEDAN)

CR-Z: TWO-DOOR HATCHBACK HYBRID – $24,900

INSIGHT: FOUR-DOOR SEDAN – $25,295 (EST.)

CROSSTOUR: FOUR-DOOR HATCHBACK – $36,450

ACCORD: COUPE/FULL-SIZE SEDAN – $26,340 (SEDAN)

RIDGELINE: FOUR-DOOR PICKUP – $36,580

FIT: FOUR-DOOR WAGON – $15,875

ODYSSEY: MINIVAN – $31,580

PILOT: MID-SIZE SUV – $36,410

COMPLETELY REDESIGNED TO FIT YOUR LIFE. AND THE LIFE YOU'RE LOOKING FORWARD TO.

The fully redesigned 2012 CR-V has more than just a new body style. It's packed with high-end features that suit your life today, and in the years to come. Bluetooth®, Multi-Angle Rear View Camera, SMS text feature and Intelligent Multi-Information Display (i-MID) come standard on every model.

LEASE THE 2012 CR-V LX 2WD FOR

$328# | 3.99%* APR

PER MONTH FOR 48 MONTHS. $1,921 DOWNPAYMENT OAC. INCLUDES FREIGHT & PDI.

2012 CR-V STARTING FROM

$27,580

MRSP INCLUDES FREIGHT AND PDI.**

MODEL RM3H3CE(S)

CR-V

See how my seats disappear.

BRITISH COLUMBIA Honda DEALERS
www.BCHonda.com

ABBOTSFORD
THE HONDA WAY
604-857-1430 D8292

CHILLIWACK
MARV JONES PERFORMANCE HONDA
604-792-2724 D8441

PORT MOODY/ COQUITLAM
WESTWOOD HONDA
604-461-0633 D5933

WHITE ROCK
WHITE ROCK HONDA
604-536-2111 D6911

LANGLEY
JONKER HONDA
604-530-6281 D8825

MAPLE RIDGE/ PITT MEADOWS
MARV JONES HONDA
604-465-5464 D5108

VANCOUVER
CARTER HONDA
604-736-2821 D7713

VANCOUVER
KINGSWAY HONDA
604-873-3676 D8508

VANCOUVER
VANCOUVER HONDA
604-324-6666 D8185

SURREY
SURREY HONDA
604-583-7421 D10482

RICHMOND
RICHMOND HONDA
604-207-1888 D5597A

BURNABY SOUTH/ NEW WEST
OPENROAD HONDA
604-525-4667 D7825

BURNABY NORTH
HAPPY HONDA
604-294-2111 D5692

NORTH & WEST VANCOUVER
PACIFIC HONDA
604-984-0331 D5583

HONDA

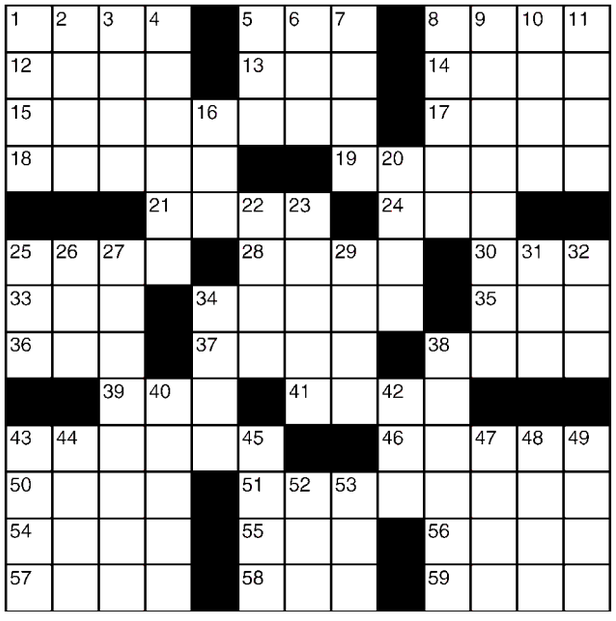
**MSRP is $27,580 including freight and PDI of $1,590 for a new 2012 CR-V LX 2WD model RM3H3CE(S). For all offers license, insurance, applicable taxes and registration are extra. Dealer may sell for less. Dealer trade may be required. #Limited time lease offers based on a new 2012 CR-V LX 2WD model RM3H3CE(S). Lease example based on new 2012 CR-V LX 2WD model RM3H3CE(S) available through Honda Canada Finance Inc. *3.99% lease APR for 48 months O.A.C. Monthly payment, including freight and PDI, is $328. Down payment of $1,910.10, first monthly payment, environmental fees and $0 security deposit due at lease inception. Total lease obligation is $15,936.10. Taxes, license, insurance and registration are extra. 96,000 kilometre allowance; charge of $0.12/km for excess kilometer. Dealer may sell for less. Dealer trade may be required. **/#/* Offers valid from January 4th through January 31st, 2012 at participating Honda retailers. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.

What do you want to be?

Explore what you want to be and how to get there.

Visit **CareerBear.com** to learn more

Crossword



Across

1 Protected
5 Transgression
8 Agile
12 Yoked team
13 Japanese pond carp
14 Hint
15 Making a vow
17 Luau dance
18 Excited
19 Carpentry tool
21 Campus mil. org.
24 Tennis stroke
25 Easy gait
28 Landlord's due
30 A Gershwin brother
33 Piercing tool
34 YouTube upload
35 Sister
36 1980s-90s Chevy subdivision
37 Top
38 Old
39 Bronze
41 Slow-cooker recipe
43 Photo finishes
46 Shortwave or CB
50 Eye part
51 Recent fad requiring one to lie stiff
54 Baseball team
55 Have a bug
56 Satanic
57 Lady —
58 Ball prop
59 Archibald of NBA lore

Down

1 Former frosh
2 Wheelbase terminus
3 Yard trio
4 Last
5 Tackle moguls
6 Charged bit
7 In the offing
8 Jerk
9 Pipes and such
10 Legislate
11 Calendar quota
16 Mailing HQ
20 Choir member
22 Stumble
23 Relinquishes
25 Trail behind
26 Have bills
27 Cabal's work
29 Adjoining
31 Regret
32 Moreover
34 Barn roof adornment
38 Stir
40 Bewildered
42 Coastal eagle
43 Chinese dynasty
44 Met melody
45 Quarrel
47 44-Down singer
48 First ltr.
49 Look longingly
52 Big fib
53 Hearty brew

▶ Yesterday's answer

A	P	E	X		A	H	A		U	R	S	A
L	A	M	A		V	O	L		N	E	O	N
P	L	U	N	D	E	R	S		K	N	O	T
			A	I	R		O	N	I	O	N	S
A	B	O	D	E		G	R	I	N			
L	U	L	U		F	L	A	N	D	E	R	S
A	L	G		I	L	O	N	A		D	U	H
S	L	A	N	D	E	R	S		P	I	S	A
			F	O	X	Y		P	U	T	T	Y
O	C	E	L	L	I		M	A	D			
P	A	L	E		B	L	I	N	D	E	R	S
U	S	S	R		L	E	T		L	E	E	K
S	H	E	S		E	A	T		E	N	V	Y

Sudoku

	4			3		6		
				8			5	3
				9	7	2		8
2	5				8		1	
				6				
	7		5				8	4
5		3	2	7				
6	8			5				
		4		1			9	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

4	3	6	1	8	5	7	2	9
9	5	2	7	3	4	8	6	1
8	7	1	2	6	9	4	3	5
3	8	7	5	9	2	6	1	4
6	1	9	8	4	7	2	5	3
2	4	5	6	1	3	9	8	7
1	2	3	4	7	8	5	9	6
5	9	4	3	2	6	1	7	8
7	6	8	9	5	1	3	4	2

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

TC, I can't imagine life without you. You are an amazing father, husband, and best friend. ILU4EVR **NESSA**

neil hollendaise-suase
We worked beside each other everyday, I love it. I hope you will see this and we can have a happy ending. I hope tommorow you forget your fork ..so we can share mine again. **TAYLOR**

Welsh Princess, Whereas others boasted of love but without the will to fight to keep it, ours has flourished more so through the hardships that we have faced. Although some problems were simply my own, you stood at my side and fought them with me. One other from Fort Sask. talked the talk but couldn't walk the walk. but you are my rock, my eternal love. I'm blessed to have you in my life. Each day I wake up beside you to see that you are an angel asleep on my shoulder. I love you, my love. **HANDSOME**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
You seem to be worrying about something that is not worth the hassle. It's best if you let it go.

♉ Taurus April 21-May 21
The message of the stars is clear: Don't be hasty. You will get your chance to shine early next month.

♊ Gemini May 22-June 21
You'll have to deal with someone's negative emotions today, without becoming negative yourself.

♋ Cancer June 22-July 22
Do you ignore a problem and hope that it will go away? Yes. This is one of those occasions when what looks like a problem really isn't.

♌ Leo July 23-Aug.23
Be careful what you say today because if you are not, someone could take it the wrong way.

♍ Virgo Aug. 24- Sept. 22
Look on the bright side today, even if the news you receive is dark. According to the planets, you have little to worry about.

♎ Libra Sept. 23-Oct. 23
This is potentially one of the most exciting times of the year, so why are you so fearful that something bad is going to happen?

♏ Scorpio Oct. 24-Nov. 22
Try not to dwell on news, especially if it involves people you care for.

♐ Sagittarius Nov. 23-Dec. 21
The signals you are getting from colleagues are jumbled. It might be wise follow your instincts.

♑ Capricorn Dec. 22-Jan. 20
You may be logical by nature but right now you are imagining weird and wonderful things. That's OK.

♒ Aquarius Jan. 21-Feb. 18
Although you feel confident and full of life, this is probably not a good day to take chances.

♓ Pisces Feb. 19-March 20
The Sun in Aquarius at this time of year makes you more suspicious than usual but maybe that's no bad thing. **SALLY BROMPTON**

Caption contest

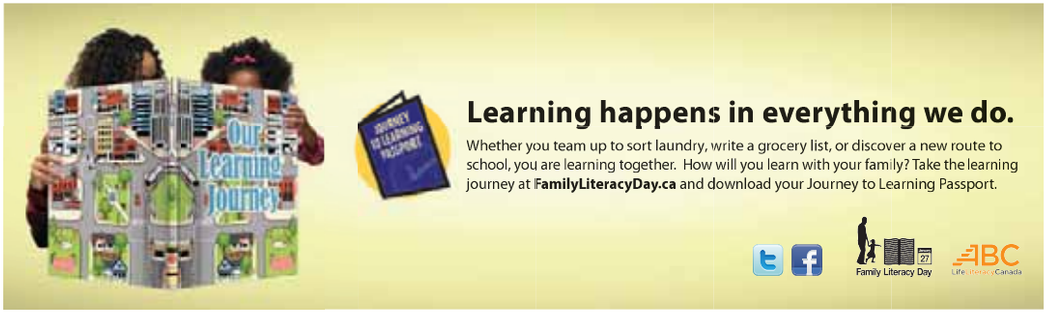
GURINDER OSAN/THE ASSOCIATED PRESS

SUSAN MONTOYA BRYAN/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Wednesday's Metro.


Our Learning Journey
Learning happens in everything we do.
Whether you team up to sort laundry, write a grocery list, or discover a new route to school, you are learning together. How will you learn with your family? Take the learning journey at FamilyLiteracyDay.ca and download your Journey to Learning Passport.
Family Literacy Day
ABC Life Literacy Canada

HYUNDAI™

THE DRIVE NOW PAY LATER event

0% FINANCING FOR UP TO **84** MONTHS

AND

0 PAYMENTS FOR UP TO **90** DAYS^

Limited model shown

2012 SANTA FE

Powerful & efficient – the true definition of a cross-over

OWN IT **$142**† BI-WEEKLY PAYMENT | WITH **0%** FINANCING FOR **84** MONTHS | AND **$0** DOWN PAYMENT

SANTA FE GL 2.4 6-SPEED. DELIVERY & DESTINATION INCLUDED.

HIGHWAY **7.7**L/100 KM **37** MPG▼

THE BEST-SELLING PASSENGER CAR BRAND IN CANADA‡

Limited model shown

OWN IT **$121**† BI-WEEKLY PAYMENT | WITH **2.65%** FINANCING FOR **72** MONTHS | AND **$0** DOWN PAYMENT

ELANTRA L 6-SPEED. DELIVERY & DESTINATION INCLUDED.

HIGHWAY **4.9**L/100 KM **58** MPG▼

NORTH AMERICAN CAR OF THE YEAR

2012 ELANTRA SEDAN

2012 North American Car of the Year

AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

www.ajac.ca

AJAC's Best new small car over $21K

OWN IT **$140**† BI-WEEKLY PAYMENT | WITH **1.29%** FINANCING FOR **72** MONTHS | AND **$0** DOWN PAYMENT

SONATA GL 6-SPEED. DELIVERY & DESTINATION INCLUDED.

HIGHWAY **5.7**L/100 KM **50** MPG▼

2012 SONATA

★★★★★ AWARDED THE HIGHEST GOVERNMENT CRASH SAFETY RATING U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

5-Star safety rating▲

Limited model shown

Limited model shown

OWN IT **$126**† BI-WEEKLY PAYMENT | WITH **1.29%** FINANCING FOR **72** MONTHS | AND **$0** DOWN PAYMENT

TUCSON L 5-SPEED. DELIVERY & DESTINATION INCLUDED.

HIGHWAY **7.4**L/100 KM **38** MPG▼

2012 TUCSON

Stylish cross-over utility vehicle

5 YEAR WARRANTY
100,000 KM COMPREHENSIVE LIMITED WARRANTY^

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HyundaiCanada.com

Jim Pattison Hyundai Northshore
855 Automall Dr.
North Vancouver, 604-985-0055
D#6700

Murray Hyundai White Rock
3150 King George Highway
Surrey, 604-538-7022
D#30780

OpenRoad Hyundai
13171 Smallwood Place
Richmond, 604-606-9033
D#28516

Maple Ridge Hyundai
23213 Lougheed Highway
Maple Ridge, 604-467-3401
D#7356

Jim Pattison Hyundai Port Coquitlam
Unit B - 2385 Ottawa St.
Port Coquitlam, 604-552-1700
D#30242

Abbotsford Hyundai
30250 Automall Dr.
Abbotsford, 604-857-2622
D#9390

Langley Hyundai
19459 Langley Bypass
Surrey, 604-539-8549
D#30331

Mertin Hyundai
45753 Yale Rd.
Chilliwack, 604-702-1000
D#30337

Jim Pattison Hyundai Surrey
15365 Guildford Drive
North Surrey, 604-582-8118
D#10977

Destination Hyundai
445 Kingsway
Vancouver, 604-292-8188
D#31042

"The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2012 Santa Fe GL 2.4 6-Speed/2012 Elantra L 6-Speed/2012 Sonata GL 6-Speed/2012 Tucson L 5-speed with an annual finance rate of 0%/2.65%/1.29%/1.29% for 84/72/84/84 months. Bi-weekly payment is $142/$121/$140/$126. No down payment is required. Cost of Borrowing is $0/$1,424/$1,118/$1,003. Finance offers include Delivery and Destination of $1,760/$1,495/$1,565/$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2012 Elantra L 6-speed for $17,344 at 2.65% per annum equals $121 bi-weekly for 72 months for a total obligation of $18,788. Cash price is $17,344. Cost of Borrowing is $1,424. Example price includes Delivery and Destination of $1,495. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. 0% payments for up to 90 days (payment deferral) is available on all new in-stock 2011 or 2012 Hyundai models except Equus and Veloster and only applies to purchase finance offers on approved credit. If payment deferral is selected the original term of the contract will be extended by 2-months/56-days for monthly/bi-weekly finance contracts. Hyundai Auto Canada Corp. will pay the interest of the deferral for the first 2-months/56-days of the monthly/bi-weekly finance contract. After this period interest will start to accrue and the purchaser will pay the principal and interest monthly/bi-weekly over the remaining term of the contract. ▼Fuel consumption for 2012 Santa Fe GL 2.4L 6-Speed Manual FWD (HWY 7.7L/100KM, City 11.0L/100KM)/2012 Elantra L 6-Speed (HWY 4.9L/100KM, City 6.8L/100KM)/2012 Sonata GL 6-Speed (HWY 5.7L/100KM, City 8.7L/100KM)/ 2012 Tucson L (HWY 7.4L/100KM). City 10.1L/100KM) are based on Manufacturer's testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. †Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ‡Based on the December 2011 AIAMC report. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.